Event in a Box: Identify, Self-Growth and the Potential for Human Evolution

View the Ted Talk *My Bolt of Insight* by Jill Bolte Taylor

Meet over no-host refreshments at a restaurant, or at an alumnae’s apartment or home for a potluck dinner.

Discuss:

1. Did this talk impact the way you understand your sense of self?
2. Where do you fit on the continuum? Do you tend to operate from one side of the brain more than the other? How does this affect your life? What are the plusses and minuses?
3. Does Dr. Bolte Taylor’s presentation affect the way you receive information she delivers? In what way? What does this say about how we apprehend things?
4. What was your biggest takeaway from this talk? What can you learn or have you learned about your own growth?
5. Do you think it is feasible for neuroscience to have an impact on global relations? What might this look like?

For greater impact, if time allows consider playing the talk for the gathered group, even if they have viewed it in advance.

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*Ad Hoc Committee on Alumnae Initiatives*