Flavors of Paris

APRIL 10–15, 2019

TRAVEL WITH
Steven Laurence Kaplan '63
DISTINGUISHED AUTHOR & SCHOLAR

WITH AN OPTIONAL
POST-TRIP EXTENSION TO
Provence
Dear Princetonian,

Join Steven Laurence Kaplan ’63, the leading authority on French bread as well as a world-class food historian, for an insider’s discovery of the Flavors of Paris, visiting bakeries, cheese shops, wine cellars and chocolate makers to learn about how these products are made, as well as about the rich history of French foodways.

Devote a full day to French bread, beginning with visits to actual bake rooms to talk with each baker, examine the leavens and doughs, and learn about the factors that go into creating heavenly breads, then embark on a transformative tasting experience as you learn Professor Kaplan’s protocol for tasting bread, and the six dimensions he evaluates to discern the quality of each loaf.

Professor Kaplan also introduces travelers to cheese, wine, and chocolate experts, and shares his contagious love of France during neighborhood walks and visits to the most exciting local food markets and specialty shops.

Accommodations are at Rosewood’s landmark 5-star Hôtel de Crillon, and special welcome and farewell dinners in Paris showcase gourmet local restaurants. For those wishing to extend the adventure, an optional post-tour extension to Provence will be offered.

This epicurean tour-de-force is limited to just 20 participants, so we encourage you to reserve your space today by contacting the Princeton Journeys team at (609) 258-8686 or journeys@princeton.edu.

With kind regards,

Bridget St. Clair
Executive Manager
Princeton Journeys

STUDY LEADER

STEVEN LAURENCE KAPLAN ’63 served as the Goldwin Smith Professor of European History at Cornell University, where he is now a professor emeritus, and Visiting Professor of Modern History at the University of Versailles, Saint-Quentin. His many books include a guide to the best bread in Paris, Cherchez le pain: Guide des meilleures boulangeries de Paris, and The Bakers of Paris and the Bread Question, 1770–1775, also published by Duke University Press. The French government has twice knighted Kaplan for his contributions to the “sustenance and nourishment” of French culture.

PHOTOS: (Cover) French macaroon. (This page, top to bottom) Wine & cheese at a street café; chocolate; statue in the Jardin de Champs Elysées. (Back cover) Hands kneading dough.
ITINERARY
WEDNESDAY-THURSDAY, APRIL 10-11
Home & Paris, France
Depart the U.S. on an overnight flight to Paris, arriving on April 11. Check in to the Hôtel de Crillon. Gather for introductory remarks by Steven Kaplan, followed by a private welcome reception at the hotel and dinner at a Michelin-star restaurant.
Hôtel de Crillon (R,D)
FRIDAY, APRIL 12
Paris
Bread
Follow a heavenly aroma into some of Paris’ finest artisan bakeries, starting early while the ovens are still hot. Get up close and personal with the bakers and join in their labor of loaves. After lunch, enjoy a special guided tour of the Musée d’Orsay. Gather in the early evening for a bread tasting before the remainder of the evening at leisure.
Note: Depending on final group size, the sequence of activities today might vary.
Hôtel de Crillon (B,L)
SATURDAY, APRIL 13
Paris
Wine & Cheese
It is estimated that there are close to 1,000 different cheeses available in France. Peruse a local food market, paying particular attention to cheese stalls and fragrant fromageries (cheese shops) before calling at a premier local shop for a tasting conducted by a respected cheesemonger. Enjoy lunch at leisure in the Marais, followed by a guided walk through this charming district. In the evening, taste your way through the wines of France in an 18th-century royal cellar turned interactive wine experience in central Paris, with an opportunity to mix and bottle your very own vintage. HÔTEL DE CRILLON (B,L)
SUNDAY, APRIL 14
Paris
Chocolate
Begin the day exploring two wonderful areas of specialty shops—a newly blossoming island of shops in the 3rd Arondissement; and Lafayette Gourmet, adjacent to the Galeries Lafayette in the shadow of the Paris Opera. Enjoy lunch at leisure in a nearby café or assemble a decadent picnic from the Gourmet shelves. In the afternoon, learn about the history and impact of chocolate on world culture and commerce, then sample exquisite chocolates at a local chocolatier. Enjoy the hospitality of the Princeton Club of France at a farewell reception before a grand farewell dinner.
Hôtel de Crillon (B,R,D)
MONDAY, APRIL 15
Paris & Home
Transfer to Paris airports for flights home, or begin the optional post-tour extension to Provence.
Hôtel de Crillon (B)
POST-TOUR EXTENSION
Provence
MONDAY, APRIL 15
Take the high-speed train (TGV) from Paris to Aix-en-Provence and discover the charms of this historic town during an afternoon walking tour, sampling local specialties along the way. Check in to the Hotel le Pigonnet, an intimate 5-star retreat just outside the city center, with a lovely garden featuring views of Mont Sainte-Victoire.
Hôtel le Pigonnet (B,L)
TUESDAY, APRIL 16
Sail from the picturesque harbor of Cassis, cruising at the base of the dramatic white limestone cliffs (calanques) that rise vertically from the sea. This afternoon, sample Cassis wines at a private vineyard. On the return drive to Aix, take in views of the iconic Mont Sainte-Victoire.
Hôtel le Pigonnet (B,L)
WEDNESDAY, APRIL 17
Delight in the exquisite local products on display at the weekly market in Saint Rémy, considered one of the best in Provence. After lunch at a local restaurant, learn about the cultivation of olives and production of olive oil at a private mill. Gather for a final dinner at a Michelin-star restaurant in Aix this evening.
Hôtel le Pigonnet (B,L,D)
THURSDAY, APRIL 18
Transfer to Marseille for flights home. (B)

PHOTOS: Panoramic view of Paris, including Champs Elysees and the Eiffel Tower, from atop the Arc de Triomphe
1. Wine tasting 3. Soft cheese

PROGRAM RATES
Per Person, sharing .......................... $4,995
Single Supplement .......................... $1,300

Optional Post-Tour Extension
Provence
APRIL 15-18, 2019
Per Person, sharing .......................... $2,790
Single Supplement .......................... $700
GENERAL INFORMATION

Program Rates Include
All accommodations, meals, excursions, and tastings as specified in the itinerary • Arrival and departure transfers by shared van on program arrival and departure dates • Baggage handling • Gratuities to porters, waitstaff, guides and drivers • Entrance fees • Welcome wine reception with canapés • Wine with welcome and farewell dinners, plus house wine, beer, and soft drinks with the included lunch • Bottled water on motorcoaches

Program Rates Do Not Include
U.S. domestic and international airfare • Passport/visa expenses • Medical expenses and immunizations • Airport transfers outside of group arrival and departure day • Travel insurance • Optional excursions or deviations from the scheduled tour • Excess baggage charges • Meals not specified in the itinerary; dishes and beverages not part of the included meals; liquor or soft drinks except as noted • Laundry or dry cleaning • Telephone, fax, Internet and email charges • Room service • Other items of a personal nature

What to Expect
This program involves a considerable amount of walking in the city, sometimes over uneven surfaces, and navigating stairs that may not have handrails. Daily temperatures in April generally range between the low and mid 50s F, and rain showers are a likely possibility. All participants should be reasonably fit and in good health. By forwarding the deposit for passage, the participant certifies that s/he does not have any physical or other limitation that would create a hazard for her/himself or other travelers.

AIR ARRANGEMENTS
U.S. domestic and international airfare is not included in the program rates. AirTreks can help with airline arrangements for this trip and can be reached at (800) 350-0646. You are also welcome to book your air transportation through your local travel agent, an online travel site, or the airline of your choice.

A NOTE ABOUT COSTS
Tour costs are based upon current fuel prices, taxes, tariffs, and a minimum number of participants. While we will do everything possible to maintain the listed prices, they are subject to change. If there are significant changes, details and costs will be advised prior to departure.

INSURANCE
Travel insurance for trip cancellation and interruption, medical problems, baggage loss and delay, etc., is highly recommended. Trip cancellation policies that apply to this expedition are included in this brochure. Information about travel insurance will be sent to confirmed participants.

GROUP SIZE
This program is limited to 20 Princeton Journeys travelers.
TERMS & CONDITIONS

Complete Terms and Conditions including Statement of Responsibility will be made available to you at time of registration, or in advance upon request. A signed “Agreement, Assumption of Risk, Waiver and Release” is required from each applicant prior to participation on the tour.

RESERVATIONS & PAYMENTS

To reserve space, return the completed reservation form with your $1,000 per person deposit to: Princeton Journeys, John Maclean House, P.O. Box 291, Princeton, NJ 08542-0291 or fax to (609) 258-5561. Balance of payment is due December 11, 2018. We accept personal checks, payable to Criterion Travel, as well as VISA, MasterCard, American Express, and Discover. Reservations will be processed in order of receipt.

CANCELLATIONS & REFUNDS

Upon payment of a deposit, all reservations are subject to the cancellation provisions set forth below and by which the passenger agrees to be bound. Cancellations shall not be effective until they are received in writing and confirmed by Princeton Journeys. Deposits are refundable (less a $250 per person administration fee) if written notice of cancellation is received within 30 days of reservation; after that, deposits are 100% nonrefundable. Cancellations after final payment deadline: All payments are 100% nonrefundable, regardless of booking date. For this reason, we strongly urge participants to purchase trip cancellation insurance. If the program is cancelled by Princeton Journeys or our tour operator, you will receive a full refund, without further obligation on our part. No refunds will be made for any part of this program on which you choose not to participate. NOTE: Neither the Office of Alumni Affairs of Princeton University nor Criterion Travel, nor does it act as an agent for guests interested in such tours. Princeton Journeys acts as a facilitator with tour operators to make available interesting and enriching travel opportunities for the Princeton family. Please note that the University does not conduct tours, nor does it act as an agent for guests interested in tours. Princeton Journeys acts as a facilitator with tour operators, with whom tour participants make arrangements for completing travel, and is pleased to act as a liaison with tour operators should you have any questions or concerns that may arise before, during, or after your tour. Princeton Journeys encourages you to familiarize yourself thoroughly with the tour operator's cancellation and refund policies, and also to investigate available services such as trip cancellation insurance. The University is not responsible for changes to trips or travel arrangements or for losses or additional expenses resulting from travel.

DISCLAIMER

Princeton University, through the Office of Alumni Affairs and Princeton Journeys, is pleased to provide this service of facilitating travel opportunities for its Alumni and Friends. The Office of Alumni Affairs strives to work with the best tour operators to make available interesting and enriching travel opportunities for the Princeton family. Please note that the University does not conduct tours, nor does it act as an agent for guests interested in tours. Princeton Journeys acts as a facilitator with tour operators, with whom tour participants make arrangements for completing travel, and is pleased to act as a liaison with tour operators should you have any questions or concerns that may arise before, during, or after your tour. Princeton Journeys encourages you to familiarize yourself thoroughly with the tour operator’s cancellation and refund policies, and also to investigate available services such as trip cancellation insurance. The University is not responsible for changes to trips or travel arrangements or for losses or additional expenses resulting from travel.

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APRIL 10–15, 2019

Please make your deposit check payable to Criterion Travel and mail to: Princeton Journeys, John Maclean House, P.O. Box 291, Princeton, New Jersey 08542-0291. Or fax credit card information to: (609) 258-5561. For more information, contact the Princeton Journeys staff at journeys@princeton.edu or (609) 258-8686.

Payment

Yes enclosed is my check for $_________ ($1,000 per person, payable to Criterion Travel), to reserve _______ place(s) on Flavors of Paris OR

Please charge my deposit to:

☑️ VISA ☑️ MasterCard ☑️ American Express ☑️ Discover

CREDIT CARD NUMBER  EXP. DATE

CARDHOLDER SIGNATURE  SEC. CODE

I/we understand that final payment is due December 11, 2018, 120 days prior to departure. Registrations after December 11, 2018: full payment is due.

NAME 1 (AS IT APPEARS ON PASSPORT)  PRINCETON AFFILIATION

NAME 2 (AS IT APPEARS ON PASSPORT)  PRINCETON AFFILIATION

STREET ADDRESS

CITY  STATE  ZIP

HOME PHONE  MOBILE PHONE

Fax  E-MAIL

Single Travelers

☑️ I prefer to have single accommodations.

☑️ I plan to share accommodations with

I’d like to know about roommates.

I am a ☑️ Non-smoker ☑️ Smoker.

I understand that if a roommate cannot be found by the final payment deadline of December 11, 2018, I will pay the single rate.

Accommodations

Bed preference in hotels (not guaranteed):

☑️ King/Queen ☑️ Twins

I/we have read the tour information and agree to the Terms & Conditions therein.

SIGNATURE  DATE

SIGNATURE  DATE

California Seller of Travel Program

CST #2088800-40
PRINCETON JOURNEYS
A World of Learning

OFFICE OF ALUMNI AFFAIRS, PRINCETON UNIVERSITY
JOHN MACLEAN HOUSE, P.O. BOX 291
PRINCETON, NEW JERSEY 08542-0291

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HIGHLIGHTS

• DELVE deeply into the world of French breads during a full day of bakery visits led by Steven Laurence Kaplan ’63, stepping into actual bake rooms to talk with each baker and learn about the factors that go into producing heavenly breads. Later in the day, take part in an in-depth tasting session, learning how to fully appreciate the aromas, textures, and flavors of each bread.

• MEET a chocolate expert for a special tasting and visit to a local chocolatier, taste French cheeses in a private shop, and participate in an in-depth tour and tasting at a premier wine cellar.

• EXPLORE authentic local food markets, led by Professor Kaplan, stopping to meet local merchants and learn about (and taste!) their specialty products, and about the history of food markets in France.

• DISCOVER the charms of the Marais during a guided walking tour, and a newly blossoming island of specialty shops in the 3rd Arrondissement.

• SAVOR exquisite cuisine during special welcome and farewell dinners at some of Paris’ best restaurants and mingle with local Princeton alumni during a special reception.