IN THE FOOTSTEPS OF ST. JAMES
El Camino de Santiago
Featuring Jessica Delgado, Assistant Professor of Religion
August 23 - September 4, 2019

PROGRAM HIGHLIGHTS
BEGIN in Pamplona and end in Santiago de Compostela, a pilgrimage that has been done for centuries.

ADMIRE awe-inspiring cathedrals and monasteries in Nájera, Burgos, León, and other pilgrimage cities along the way.

SAVOR regional wines and cuisine, and stay in historic paradores.

HEAR Gregorian chant performed by the word-famous monks of the monastery of Santo Domingo de Silos.

EXPERIENCE midday Mass at the magnificent Cathedral of Santiago de Compostela.

WATCH the sun set over Cape Finisterre, once thought to be “the end of the Earth.”

TRAVELING WITH YOU
Jessica Delgado is an Assistant Professor of Religion. Her research interests include women, gender, and sexuality, the Catholic Church in colonial society, race, caste, and religion, and the intersection between social and spiritual status in the early modern world. Delgado’s first book, Laywomen and the Making of Colonial Catholicism in New Spain, 1630-1780, is forthcoming from Cambridge University Press. Professor Delgado is excited to bring a new academic dimension to this spiritual journey.

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Dear Princetonian,

For more than a millennium pilgrims have walked the Camino de Santiago, the “Way of Saint James,” to the shrine of the Apostle at Santiago de Compostela in northwestern Spain. To this very day the pilgrims’ motives have been as varied as their personalities: religious devotion, wanderlust, flight from the law, the spirit of adventure, cultural tourism. Join Professor Jessica Delgado, Assistant Professor of Religion, and your fellow Princetonians, August 23-September 4, 2019, on a series of selective hikes along this most famous of Europe’s walking trails.

En route, Princeton pilgrims can savor local cuisine, sample regional vintages, and stay in deluxe hotels and paradores—former castles, monasteries, and other heritage buildings. Most days will offer the opportunity to walk a section of the trail. The gentle terrain and moderate distances make the itinerary accessible for nearly all enthusiastic walkers.

Princeton Journeys invites you to join this special pilgrimage—a twenty-first century journey of the historical imagination. Space will be limited on this intimate program, and we suggest that you contact the Princeton Journeys team today at (609) 258-8686 or journeys@princeton.edu to reserve your spot.

With kind regards,

Bridget St. Clair
Executive Manager, Princeton Journeys
Princeton University

Advice for walking the Camino de Santiago

Participants must be in good health and able to keep pace with an active group. They must be able to hike for up to six miles a day on uneven terrain; walk and stand for periods of two hours at time; climb stairs at monuments (some without handrails) and other locations not handicapped accessible; and board a motorcoach unassisted. Any condition that may require assistance or special medical attention must be reported at the time of your reservation. For walks on the Camino, participants are advised to bring “broken-in” walking shoes or boots, a sun hat, and comfortable hiking attire.
FRIDAY, AUGUST 23: DEPARTURE
Depart home independently on an overnight flight to Pamplona, via Madrid.

SATURDAY, AUGUST 24: MADRID / PAMPLONA, SPAIN
Arrive in Pamplona in the late afternoon. Transfer to the five-star Gran Hotel La Perla, where Ernest Hemingway stayed when he wrote The Sun Also Rises. This evening meet fellow travelers and your study leader for an aperitif followed by dinner. R,D

SUNDAY, AUGUST 25: PAMPLONA
Attend a morning lecture before a walking tour of Pamplona’s Old Quarter. After lunch, drive to Roncesvalles, one of the main entrances to Spain for the St. James Way. Each traveler will receive a credencial (pilgrim passport) to mark their route. Our first walk on the trail is from Albergue to Espinal across the fertile plans of the Río Ebro. Return to Pamplona, where the remainder of the day is at leisure. B,L
Approximate walking distance: 4 miles.

MONDAY, AUGUST 26: PAMPLONA / LAGUARDIA
Travel by coach to the Romanesque Church of Santa María de Eunate, one of the jewels of the Camino. From there, walk a short distance on the Camino to Puente La Reina, a medieval town where the two main routes on the Pilgrim’s Way converge. There will be time to explore the town and enjoy lunch on your own. Then drive to Estella to see the Palace of the Kings of Navarre and San Pedro de la Rúa with its beautiful 12th-century cloister. Continue to Laguardia, the historic capital of the famous Rioja Alavesa wine region. The Hotel Villa de Laguardia will be home for the next two nights. Dinner is at a local restaurant, featuring regional cuisine and wines. B,D
Approximate walking distance: 2.75 miles.

TUESDAY, AUGUST 27: LAGUARDIA
Following a morning lecture, drive to the lively university city of Logroño to see its lovely Old Quarter and the cathedral, which boasts a painting by Michelangelo. Lunch is at Bodegas Baigorri, where Rioja Alavesa is produced. Return to the hotel, for the remainder of the day at leisure. B,L

WEDNESDAY, AUGUST 28: LAGUARDIA / BURGOS
Depart for Nájera, the former capital of the Kingdom of Navarre. Visits include the Monasterio Santa María de la Real, the burial place of many of the kings, queens, and knights of Navarre. Continue walking on the Camino to Azofra, then drive to Santo Domingo de la Calzada for lunch and a visit to the cathedral and Pilgrims’ Hospital, declared a National Historic Interest Site. In Burgos, visit the Gothic abbey of La Cartuja de Miraflores. Check in at Hotel NH Palacio de la Merced, our home for the next two nights. Dinner is at leisure. B,L
Approximate walking distance: 3.6 miles.
THURSDAY, AUGUST 29: BURGOS
This morning discover the sumptuous Burgos Cathedral, the largest church in Spain, and view its richly decorated interior chambers. Then drive to the monastery of Santo Domingo de Silos, a masterpiece of Romanesque architecture, and experience a Gregorian chant performed by the monks of Silos. Afterwards, walk along a delightful Camino path through an oak and pine forest leading to the peaceful valley of the Río Vena. Dinner is at a local restaurant. B,D

Approximate walking distance: 3.8 miles.

FRIDAY, AUGUST 30: BURGOS / LEON
Drive this morning to the little village of Calzada del Coto to start a beautiful hike along this stretch of the Camino to Calzadilla de los Hermanillos. After a tapas buffet lunch at a popular pilgrim restaurant, continue to León. Check in to the Hotel Eurostars. The afternoon is at leisure before dinner at a local restaurant. B,L,D

Approximate walking distance: 5.4 miles.

SATURDAY, AUGUST 31: LEON
Today, follow the Camino within the walls of León to discover Antoni Gaudi’s architectural masterpiece, the neo-Gothic palace Casa de Botines, and the soaring 13th-century cathedral. Then see the Basílica de San Isidoro, the most important Romanesque church of the Iberian Peninsula. Lunch is at Racimo de Oro, a restaurant in the city’s historic center that serves local specialties. The remainder of the day is at leisure. B,L

Approximate walking distance: 1.3 miles.

SUNDAY, SEPTEMBER 1: LEÓN / VILLAFRANCA DEL BIERZO
A morning journey on the Camino ventures into the glorious open countryside of the páramo (treeless grassland) with its rich red earth. Then, drive to Astorga, whose historic legacy is the result of its location at the crossroads of several major pilgrim routes. Admire Gaudi’s Bishop’s Palace before lunch. Continue to Ponferrada and the magnificent 12th-century Templar castle. Stroll on the Camino as it winds within the medieval section of Ponferrada. Dinner and overnight are at the Parador of Villafranca del Bierzo. B,L,D

Approximate walking distance: 4.2 miles.

MONDAY, SEPTEMBER 2: VILLAFRANCA DEL BIERZO / SANTIAGO DE COMPOSTELA
See the historic sights of Villafranca del Bierzo before driving to Monte do Gozo for lunch. The spires of the magnificent Cathedral of Santiago de Compostela will be visible as you join other pilgrims walking the last few miles of the Camino. Check into Parador de Santiago in the heart of the city. Later, an optional excursion is arranged to “the end of the Earth” at Cape Finisterre, once thought to be the westernmost point on the Iberian Peninsula. Enjoy the sunset from the cape with a glass of Cava. B,L

Approximate walking distance: 2.9 miles.

TUESDAY, SEPTEMBER 3: SANTIAGO DE COMPOSTELA
A morning walking tour includes the highlights of this historic town, a UNESCO World Heritage Site. Complete the pilgrim experience at noon mass, where the famous Botafumeiro ritual will be performed specifically for our group. Lunch and the afternoon are at leisure. Gather tonight for our farewell dinner. B,D

WEDNESDAY, SEPTEMBER 4: SANTIAGO DE COMPOSTELA / RETURN
Depart the hotel early this morning for the flight home. B

DISCLAIMER: This itinerary is subject to change at the discretion of Princeton Journeys and Arrangements Abroad. For complete details, please carefully read the terms and conditions at www.arrangementsabroad.com/terms.
SUNDAY, AUGUST 25:  PAMPLONA

Drive to Pamplona, the capital of Navarre. Check in at the Gran Hotel La Perla, our home for the next two days. Visit the imposing cathedral, declared a National Historic Interest Site. In the afternoon, explore the town and enjoy lunch on your own. Then drive to León to see the Romanesque St. Mary’s Cathedral, completed in 1201. Enjoy the sunset from the cathedral’s tower with a glass of Cava.

HERALDS OF THE ANNUNCIATION: The Barnabite Missionaries

This morning discover the sumptuous Burgos Cathedral, the largest church in Spain, and view the Capilla de Santa Águeda. This afternoon and evening, attend the Botafumeiro ritual, Santiago de Compostela’s most famous event. The Botafumeiro, a large censer suspended from a chain, is swung by tabernacle brothers in a choreographed dance to the sound of the horreo (“carillon”), honoring the Virgin Mary. A procession then follows by foot, bicycle, or car, to Santiago de Compostela. Lunch is at Racimo de Oro, a restaurant in the city’s historic quarter. This evening, dinner in the town followed by dinner. Approximate walking distance: 1.3 miles.

WEDNESDAY, AUGUST 28:  LAGUARDIA / BURGOS

Arrive in Laguardia in the late afternoon. Transfer to the five-star Hotel Villa Real, a popular pilgrim restaurant, continue to León. Check in to the Hotel Eurostars. The Hotel offers great regional cuisine and wines. In the afternoon, explore the town and enjoy lunch on your own. Then drive to Estella to see the Palace of the Kings of Navarre, a fine example of Gothic architecture. Enjoy a reception at the Hotel before checking in. This evening, dinner in the town. Approximate walking distance: 4 miles.

THURSDAY, AUGUST 29:  BURGOS / LEÓN

A morning walking tour includes the highlights of this historic town, a UNESCO World Heritage Site. Complete the pilgrim experience at noon mass, where the famous Botafumeiro ritual takes place. Then drive to León to see the Romanesque St. Mary’s Cathedral, completed in 1201. Enjoy the sunset from the cathedral’s tower with a glass of Cava.

Deviations from the scheduled itinerary are not permitted.

ASSOCIATION’S DISCLAIMER

Princeton University, through its Office of Alumni Affairs and Princeton Journeys, is pleased to provide this service of facilitating travel opportunities for its Alumni and Friends. The Office of Alumni Affairs strives to work with the best tour operators to make available interesting and enriching travel opportunities for the Princeton family.

Please note that the University does not conduct tours, nor does it act as an agent for guests interested in tours. Princeton Journeys acts as a facilitator with tour operators, with whom tour participants make arrangements for completing travel, and is pleased to act as a liaison with tour operators should you have any questions or concerns that may arise before, during, or after your tour. Princeton Journeys encourages you to familiarize yourself thoroughly with the tour operator’s cancellation and refund policies, and also to investigate available services such as trip cancellation insurance. The University is not responsible for changes to trips or travel arrangements or for losses or additional expenses resulting from travel.

AIRFARE

Arrangements Abroad (AA) will be pleased to assist with air travel arrangements for this program, including specially negotiated group airfare when available, suggested flights, or individual requests for a processing fee of $40 per person. Complete details will be provided in your confirmation mailing.

HEALTH

This is an active program and all participants must be in good health. This program involves extensive walking over uneven surfaces and climbing stairs without handrails at locations that are not handicapped accessible. At the time of reservation, AA must be informed of any condition that may require assistance or special medical attention. Guests arriving at the start of the trip with a pre-existing condition or injury that was not disclosed and who are subsequently forced to leave the trip because of this condition will be charged all extra evacuation expenses and will not receive a refund of any unused trip services. All health information is treated as confidential.

INSURANCE

As a service to its travelers, the Office of Alumni Affairs of Princeton University automatically provides all Princeton Journeys participants with basic medical, accident, and evacuation coverage under a group emergency assistance policy. It is highly recommended that you supplement this basic protection with your own additional insurance coverage, as well as trip cancellation/interruption or baggage coverage. Information on additional insurance is available and will be mailed from Princeton Journeys upon receipt of your reservation.

CHANGES IN ITINERARY & COSTS

The itinerary is subject to change at the discretion of Arrangements Abroad and the Office of Alumni Affairs of Princeton University (AAPU). All prices quoted are based on prevailing fuel prices, airfares and currency exchange rates in effect at time of brochure printing and are subject to change without notice. Deviations from the scheduled itinerary are not permitted.

RESPONSIBILITY CLAUSE

The participation of AAPU is limited to educational sponsorship of the program described in this brochure (The Program). AA acts only as an agent for the participant with respect to transportation, accommodations and all other services, relating to The Program. AA, AAPU and /or their agents assume no responsibility or liability for any act, error or omission, or for any injury, loss, accident, delay or irregularity that may be occasioned by reason of any defect in any aircraft, ship, train, bus or other carrier, or through neglect or default of any subcontractor or other third party, which may be used wholly or in part in the performance of their duty to the participants of The Program. The passage ticket issued by the carrier is the sole contract between the participant and the carrier. Nor will AA or AAPU be responsible for loss, injury, damages or expenses to persons or property, due to illness, weather, strikes, local laws, hostilities, wars, terrorist acts, acts of nature or other such causes in connection with The Program or anything beyond their reasonable control. AA is not responsible for transportation or other program delays and changes, nor additional expenses or loss of time that may be incurred. In the event it becomes necessary or advisable for the comfort or well-being of the participants, or for any reason whatsoever, to alter the itinerary at any time, without notice to the participants, such alterations will be made without penalty to AA or AAPU. Additional expenses, if any, shall be borne by the participants. Baggage and personal effects are the sole responsibility of the participant at all times. AA and AAPU reserve the right to accept or decline any person as a participant at any time, or to require any participant to withdraw from The Program at their own expense when such an action is determined by AA or AAPU to be in the best interest of the participant’s health and safety, or the general welfare of the other participants.

CANCELLATION POLICY

AA must strictly adhere to its cancellation policy to offset costs incurred prior to the commencement of The Program, which may include but are not limited to: advance payments to land operators; communication expenses; development and the loss of time that might have permitted resale of reserved space. All cancellations must be in writing to the offices of AA and are subject to a $500 non-refundable administrative fee. All refunds are limited to amounts actually received by AA and are the sole responsibility of AA; AAPU shall have no liability for refunds. At the time AA receives written notification of cancellation, the following cancellation charges will apply: cancellations received between 120 and 91 days prior to departure, 20 percent of the program cost per person; those received between 90 and 61 days before departure, 50 percent of the program cost per person; no refunds will be given for cancellations received within 60 days of departure. No refunds are given for cancellation on or after the day of departure, or for unused portions of the tour, for any reason. Air cancellation charges, if any, will be assessed in accordance with airline regulations. All group fare tickets must be issued no less than 30 days prior to departure. NOTE: Neither AA nor AAPU shall be liable for any airline cancellation penalties incurred by the purchase of a non-refundable ticket. In the case of a cancellation due to shortage of participants, AA will attempt to notify all participants at least 45 days prior to departure. However, AA reserves the right to cancel The Program prior to departure for any reason and, in such case, reimbursement of refundable costs of the trip by AA shall constitute full settlement with the participant. In the unlikely event that a dispute arises between a participant and AA or AAPU, the following conditions will apply: (a) the dispute will be settled by binding arbitration administered by the American Arbitration Association in New York, NY; (b) the dispute will be governed by New York Law; (c) the maximum amount of recovery to which a participant shall be entitled under any and all circumstances will be the sum of all monies actually received from the participant by AA. The participant agrees that this is a fair and reasonable limitation on the damages, of any sort whatsoever, that a participant may suffer. Upon payment of the deposit to AA, the participant agrees to be bound by the above terms and conditions.

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Saturday, August 24: Madrid / Pamplona, Spain

Approximate walking distance: 3.6 miles.

Travel by coach to the Romanesque Church of Santa María de Eunate, one of the jewels of the 12th century. The church, built in 1140 in an austere Romanesque style, is known for its vast collection of painted ceiling paintings depicting scenes from the Old Testament. After a tour of the church and its treasures, return to the hotel for dinner and overnight.

Sunday, August 25: Pamplona

Depart for Nájera, the former capital of the Kingdom of Navarre. Visits include the Church of Santa María de Eunate, where the annual Botafumeiro ceremony takes place, and the nearby town of Calzada del Coto. Return to the hotel for dinner and overnight.

Approximate walking distance: 2.75 miles.

Monday, September 2: Villafraanca del Bierzo / Santiago de Compostela

Arrive in Pamplona in the late afternoon. Transfer to the five-star Gran Hotel La Perla, an elegant hotel located in the heart of the city. Check in and enjoy the rest of the day at leisure.

Approximate walking distance: 5.4 miles.

Tuesday, September 3: Santiago de Compostela

This itinerary is subject to change at the discretion of Princeton Journeys and Arrangements Overseas. All tour services, including airfare, are reserved by and the responsibility of Princeton Journeys and Arrangements Overseas. Any act, error or omission, or for any injury, loss, accident, delay or irregularity that may be occasioned by reason of any cause whatsoever, shall be borne by the participants. Baggage and personal effects are the sole responsibility of the participant at all times. AA shall not be responsible for any defect in any aircraft, ship, train, bus or other carrier, or through neglect or default of any subcontractor or other third party. Further, Princeton Journeys and Arrangements Overseas shall not be responsible for any act, error or omission, or for any injury, loss, accident, delay or irregularity that may be occasioned by reason of any cause whatsoever, including any act, error or omission of the participants or any other person or entity.
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