Sailing the Windward Islands
Barbados • St. Vincent and the Grenadines • Martinique • St. Lucia • Grenada

March 5 to 12, 2019

Experience the Caribbean under full sail
Only 32 Staterooms—100% ocean-view
An excursion in each port

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Dear Princetonian,

Escape the depths of winter in the idyllic Windward Islands, a remote archipelago of volcanic peaks, lush gardens and white-sand beaches in the southern Caribbean. Experience seafaring in its most timeless form—beneath 16,000 square feet of billowing white sails aboard the exclusively chartered LE PONANT—calling at historic towns and picturesque islands favored by yachtsmen for hundreds of years.

Join Study Leader Anna Arabindan-Kesson, Assistant Professor of African American and Black Diasporic Art, from Grenada to Martinique to Barbados as she lectures on histories of race, empire, transatlantic visual culture and Caribbean artists’ experiences and representations of travel and migration. In addition to a robust lecture series, enjoy this custom-designed itinerary that spans the boundlessly lush natural landscapes of the Windward Islands. Visit St. Vincent, which boasts the oldest botanic garden in the Western Hemisphere, and travel amid waving coconut palms alongside the Caribbean Sea on the most captivating isle of the Grenadines, Bequia. Be on deck as you approach St. Lucia for a stunning panorama of the Gros and Petit Pitons, twin mountain peaks and a UNESCO World Heritage site, and see the island’s geothermal activity in volcanic Sulphur Springs. Snorkel amidst the intricate reefs blooming with marine life in the lagoons of Tobago Cays Marine Park, Mayreau and Union Island; and delve into the history of Grenada, where the scent of spices permeates the air.

As space on this winter escape is limited, we suggest that you contact the Princeton Journeys team at journeys@princeton.edu or 609-258-8686 to reserve your spot today.

With kind regards,

Bridget St. Clair
Executive Manager for Princeton Journeys
Princeton University

Faculty Leader
Anna Arabindan-Kesson is an assistant professor of African American and Black Diasporic Art with a joint appointment in the Departments of African American Studies and Art and Archaeology at Princeton University. In her teaching and research, Anna focuses on African American, Caribbean and British Art, with an emphasis on histories of race, empire and transatlantic visual culture in the long 19th century. Her first book, under contract with Duke University Press, is called Black Bodies White Gold: Art, Cotton, and Commerce in the Atlantic World. It uses the networks created by the Anglo-American cotton trade to examine connections between art, slavery and colonialism in the 19th century and in contemporary art practice. Last year she and Professor Mia Bagneris of Tulane University were awarded an ACLS Collaborative Research Fellowship to complete a second book entitled Beyond Recovery: Reframing the Dialogues of Early African Diasporic Art and Visual Culture 1700-1900.

Her curatorial projects include the 2009 traveling exhibition Embodied: Black Identities in American Art from the Yale University Art Gallery and the 2016 exhibition at Art Sanctuary Barkley L. Hendricks: Oh Snap! She serves on the boards of the artist-run initiative NLS Kingston, based in Kingston, Jamaica, and the Philadelphia Photo Arts Center.
The Lure of Sailing

Grenada
Best known as the “Spice Island,” this volcanic isle enjoys cool breezes perfumed with fragrant exports—salt air swirled with nutmeg, cinnamon, cloves, mace, allspice, wild coffee and organic cocoa. First controlled by the French in the early 17th century, Grenada was a British colony for nearly two centuries before achieving independence in 1974; however, distinctive French influences remain in surnames, dialect and spicy dishes, much like New Orleans Creole.

See historic landmarks in the picturesque capital, St. George’s, including the cannons and defensive tunnels of Fort George. Enjoy panoramic views of the Carenage, a scenic waterfront dotted with colorful fishing boats and Georgian buildings. Walk among cinnamon, clove and bay trees in an herb and spice garden, where ginger, pepper and turmeric also grow, and learn about rare botanicals, such as zebapique and jump-up-and-kiss-me, used in cooking, medicines and liqueurs. Visit Grenada’s largest rum distillery and savor regional, impeccably aged rum. Later, stroll the quintessential white-sand shores of Grand Anse Beach at your leisure.

The Grenadines
An ideal snorkeling retreat shielded from the sea by Horseshoe Reef, Tobago Cays Marine Park

In 1493, while pursuing the ever-elusive route to the gold and spices of the East Indies, Christopher Columbus encountered the sun-drenched shores of an archipelago abundant with lush tropical rainforests and the fresh breeze of the cooling trade winds. Recapture the spirit of this long-ago era aboard your exclusively chartered small ship. Watch the sails unfurl to harness favorable winds and carry you toward the unspoiled, secluded havens of the Windward Islands. Each of these tropical ports, which alternated between rivalrous British and French rule, today holds its own local heritage and natural treasures.

Itinerary
Day
Grenada Pre-Cruise Option
1  Depart the U.S./Arrive St. George’s, Grenada/Embark Le Ponant (r,d)
2  St. George’s, Grenada (b,l,d)
3  Tobago Cays, Grenadines/Chatham Bay, Union Island, Grenadines (b,l,d)
4  Fort-de-France, Martinique (b,l,d)
5  Soufrière, St. Lucia/Marigot Bay, St. Lucia (b,l,d)
6  Saline Bay, Mayreau, Grenadines (b,l,d)
7  Kingstown, St. Vincent/Port Elizabeth, Bequia, Grenadines (b,l,r,d)
8  Bridgetown® Barbados/Disembark ship/Return to the U.S. (b)

Barbados Post-Cruise Option

Photo this page: Uninhabited Tobago Cays Marine Park is a snorkeler’s paradise of crystal-clear lagoons known for green sea turtles and colorful coral reefs.

Cover Photo: Sail along the coast of St. Lucia for an unforgettable view of its iconic twin peaks, the Petit and Gros Pitons, a UNESCO World Heritage site.
is an underwater gallery of colorful sponges, conchs, sea turtles and reef fish. Dramatic volcanic peaks juxtapose the shallow coral reef in Chatham Bay, Union Island. Snorkel in turquoise waters flourishing with marine life. Gather on deck for a barbecue dinner under a bright blanket of stars (weather permitting).

Spend time swimming and snorkeling in Saline Bay, Mayreau, where iridescent blue waves wash peaceful shores, and savor a seaside barbecue lunch.

Sail to lush Bequia, the largest of the Grenadines at just seven square miles and arguably the most beautiful. Although Amerindians from South America first inhabited Bequia, it was the Caribs who named it the “Island of Clouds.” Enjoy spectacular views of yacht-filled Admiralty Bay from the remains of 18th-century Hamilton Fort. Visit the Old Hegg Turtle Sanctuary, dedicated to raising and safely releasing endangered hawksbill sea turtles.

Martinique

The most heavily French-influenced of all the Caribbean Basin, Martinique celebrates its Creole heritage amid paradisical scenery. In Fort-de-France, see the varied architectural styles of its historic buildings blending harmoniously with the landscape, including the elaborate Romanesque Schoelcher Library. Admire the verdant Pitons du Carbet from the Sacré Coeur de Balata, a reduced replica of the Basilica of Montmartre in Paris.

From the veranda of a Creole farmhouse in the famous Balata Gardens, watch effervescent hummingbirds feed on sweet nectar.

Snorkel among peaceful hawksbill sea turtles in the clear-blue waters of the Grenadines.

Then, wind through a shaded canopy of trees, including twining begonias, mahogany, musa nana and bamboo, and around the 3000 varieties of its tropical plants. In the St. Pierre Volcanological Museum, see artifacts excavated from the petrified ash of Mount Pelée.

Admire typical Creole architecture amid vast sugarcane fields at the Clément Plantation, Grenada's historic capital of St. George is scenically tucked into the horseshoe-shaped harbor of Carenage.
a French historical landmark and producer of Clément rum for more than 125 years. Tour the former distillery and see galleries that highlight local Caribbean artists and Creole heritage. Stop in the manor house, notable as the site of the 1991 post-Gulf War meeting between French President François Mitterand and U.S. President George H. W. Bush.

**St. Lucia**
The view of St. Lucia’s twin volcanic peaks—the Gros Piton and Petit Piton, together a UNESCO World Heritage site—is majestic and unmistakable. In Soufrière, wander a canopied haven of vivid flora in Diamond Falls Botanical Gardens, cultivated since the 18th century, when mineral baths were crafted over steaming springs for King Louis XVI’s Frenchmen, past rocks tinted yellow, green and purple from the falls’ mineral-rich waters. At Sulphur Springs, witness firsthand ongoing geological activity in the dormant crater of Soufrière Volcano. Encircled by thickly forested hilltops, crisp-blue Marigot Bay is a naturally formed shelter and long-time sailor hideaway. Enjoy an afternoon at leisure on the secluded beach in this sublime respite, where an alluring variety of luxurious vessels routinely anchor.

**St. Vincent**
Walk through the largest botanical gardens in the Western Hemisphere, populated with trees into the horseshoe-shaped harbor of Carenage. from around the world and the endangered St. Vincent parrot. Enjoy sweeping vistas of the Caribbean Sea and the capital city of Kingstown from the early-19th-century ruins of Fort Charlotte, built atop a steep promontory. Known as the “City of Arches,” Kingstown is replete with historic architecture, including the 19th-century cathedrals of St. George and St. Mary.

**Barbados**
Conclude your Caribbean cruise in UNESCO World Heritage-designated Bridgetown. Originally inhabited by Arawaks, stunning Barbados was the first landing spot for many Spanish and Portuguese explorers, who named it Los Barbados—“the bearded ones”—for the unusual bearded fig trees.

**Sojourn on the “Spice Island” Pre-Cruise Option**
Savor life in the Caribbean with two nights in handsome St. George’s, Grenada. Explore the lush and biodiverse Grand Etang Rainforest, where a crater lake rests on an extinct volcano; visit a 17th-century plantation; and stop in the Grenada Nutmeg Station to learn more about the island’s famed spice. Enjoy deluxe tropical accommodations in the Radisson Grenada Beach Resort—on Grand Anse Beach.

**The Beauty of Barbados Post-Cruise Option**
The ideal complement to your cruise, tropical Barbados celebrates a thriving geographical and cultural landscape. In the labyrinthine Hunte’s Gardens, exotic plant life blooms in a deep rainforest gully. UNESCO World Heritage-designated Bridgetown showcases more than 350 years of English architecture, including one of the Western Hemisphere’s oldest synagogues, 17th-century St. John’s Church and the George Washington House. Spend two nights in the deluxe Hilton Barbados.

The Pre- and Post-Cruise Options are available at additional cost. Details will be provided with your reservation confirmation.
Deluxe Small Sailing Ship My Le Ponant

Seafaring in its Most Timeless Form
Join us aboard the exclusively chartered, deluxe Le Ponant, an intimate, three-masted motor yacht with sleek lines and elegant beauty. This small ship is designed to cruise into secluded bays larger vessels cannot reach, unfurling 16,000 square feet of sails when winds prevail.

Only 32 Staterooms
Each of the 32 ocean-view Staterooms features a window or porthole, private bathroom with shower, one queen bed or two twin beds, individual climate control, satellite flat-screen television, direct-dial telephone, safe, minibar, dressing table, hair dryer and plush robes.

With Our Compliments
Indulge in our complimentary amenities—alcoholic and nonalcoholic beverages throughout the cruise and in your Stateroom minibar, and Wi-Fi access on board.

Chic and Casual Dining
Enjoy superb, French-inspired international specialties alfresco in the indoor-outdoor restaurant or in the elegant, wood-paneled dining room. Wine is served with lunch and dinner.

Life on Board
Epitomizing the refined yet casual lifestyle on board, the comfortable public areas showcase the ship’s tasteful sophistication. There is one lounge, a library, expansive open-air decks that extend the full length of the vessel, and an observation platform. Fully equipped Zodiacs are used to facilitate landings.

World-Class Service
The ship’s guest-to-crew ratio of less than two to one allows for the most courteous, attentive and professional service, and the crew are always delighted to answer your questions about sailing. There is a doctor on board.
Included Features

On Board the Exclusively Chartered, Deluxe Sailing Ship LE PONANT

◆ Seven-night cruise featuring the most beautiful locales of the Windward Islands—Grenada; St. Vincent and the Grenadines, including Tobago Cays, Union Island, Mayreau and Bequia; Martinique; St. Lucia; and Barbados.

◆ Deluxe, ocean-view, air-conditioned Stateroom.

◆ Captain’s Welcome and Farewell Receptions.

◆ All meals aboard ship.

◆ Complimentary alcoholic and nonalcoholic beverages available throughout the cruise.

◆ Complimentary Wi-Fi throughout the ship.

◆ Complimentary snorkeling equipment.

Sailing the Windward Islands

◆ Tour of Grenada, the “Spice Island,” featuring historic Fort St. George and a visit to a local herb and spice garden.

◆ Specially arranged rum tasting at Grenada’s largest distillery.

◆ Island stop at the breathtaking Tobago Cays Marine Park comprising nearly 1500 acres of lagoons and coral reefs, for the opportunity to snorkel among an abundance of vibrant, fascinating marine life.

◆ City tour of Fort-de-France, Martinique, with a visit to the beautifully preserved Clément Plantation and Rum Distillery and the St. Pierre Volcanological Museum.

◆ Walk through the lush Balata Gardens on Martinique.

◆ Excursion in Soufrière, St. Lucia, featuring panoramic views of the iconic, UNESCO World Heritage-designated Pitons, and visits to Diamond Falls Botanical Gardens and volcanic Sulphur Springs.

◆ Tour of St. Vincent’s historic city center of Kingstown and visit to colonial Fort Charlotte.

◆ Excursion on verdant Bequia, the most beautiful isle of the Grenadines, featuring a visit to the Old Hegg Turtle Sanctuary for endangered hawksbill sea turtles.

◆ Time at leisure to enjoy the beach, swim, snorkel or scuba dive in Marigot Bay, St. Lucia; Saline Bay, Mayreau, and Chatham Bay, Union Island, Grenadines; and St. George’s, Grenada.

Always Included

◆ Transfers and luggage handling abroad if your arrival(s)/departure(s) coincide with the scheduled group transfer(s).

◆ Experienced, English-speaking local guides for included excursions.

◆ Taxes.

◆ Gratuities to ship personnel and local guides and drivers on included excursions and transfers.

◆ Hospitality desk aboard the ship.

◆ Complimentary bottled water in your Stateroom and on excursions.

◆ Experienced Gohagan & Company Travel Director at your service.

◆ Automatic $250,000 flight insurance policy for each participant ticketed on flights by Gohagan & Company.
Caribbean tales call to mind elusive treasure maps, resonant cannon blasts and the locally produced beverage of choice, rum. The history of these islands, while owing much to colonial and native influences, would be incomplete without a mention of those fearsome swashbucklers of legend—pirates. From 1650 to 1720, thousands of these seafaring robbers, also known as buccaneers, targeted merchant ships and coastal towns. Notorious among them were Calico Jack, Henry Morgan and Captain Kidd, but perhaps most legendary of all was Edward Teach, better known as Blackbeard.

In 1717, Blackbeard famously captured the French slave ship La Concorde off the coast of Martinique, abandoned its crew and captive passengers ashore on Bequia and robbed them of their gold. Blackbeard renamed the ship Queen Anne’s Revenge and set sail, plundering the Caribbean and the southern Atlantic colonies and commandeering ships for his fleet. He grew quickly in infamy, tucking smoldering ropes into his wild hair and beard to intimidate his enemies with an air of supernatural terror, according to legend. Barely a year later, however, Blackbeard battled Royal Navy Lieutenant Robert Maynard, commissioned by the Crown governor of colonial Virginia, and fell in defeat, ending his notorious yet riveting swashbuckling days.

The 18th-century cannons at Bequia’s hilltop Hamilton Fort evoke the Caribbean’s maritime legends and history.
SAILING THE WINDWARD ISLANDS RESERVATION FORM

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John Maclean House
P.O. Box 291
Princeton, New Jersey 08542-0291
Tel: (609) 258-8686 / Fax: (609) 258-5561
Email: journeys@princeton.edu

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Street Mailing Address (no P.O. Box number please)
City        State        ZIP Code

Telephone: (Home)        (Mobile)

Email Address        (Business)

Preferred Name(s) on Badge(s)    Tour No. 112-03/05/19-114

Program reservations require a deposit of $1000 per person and $200 per person for the Grenada Pre-Cruise Option and/or $200 per person for the Barbados Post-Cruise Option. By reserving and depositing on this program, I/we agree to the Release of Liability, Assumption of Risk and Binding Arbitration Agreement as printed on the outside back cover of this brochure.

Enclosed is my/our check(s) for $__________ as deposit.

Make checks payable to Gohagan & Company.

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All FINAL PAYMENTS are required to be made by check or wire transfer by November 30, 2018.

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