

PRINCETON
JOURNEYS

**SICILY
CIRCUMNAVIGATION**

SAILING AROUND SICILY AND MALTA
ABOARD THE 47-CABIN *SEA CLOUD II*

JUNE 15-24, 2024



**FEATURING WENDY HELLER,
SCHEIDE PROFESSOR OF MUSIC HISTORY**



DEAR PRINCETONIAN,

Powerfully positioned in the center of the sea trade routes between Asia and Spain, Africa and Italy, Sicily has long been a stopover for traders and conquerors—from the Phoenicians, Greeks, Romans, and Byzantines to Arab Saracens, Normans, and the Spaniards of Aragon. Join your fellow Princetonians, June 15-24, 2024, on an in-depth exploration of this unique island, notable for its blend of cultures and architecture.

Begin the journey in Valetta, Malta's enchanting capital city built by the Knights of St. John in the 16th century. Then board the *Sea Cloud II* and follow ancient trade routes to land on Sicily's shores at Trapani. Trace the scenic coastline where stops include Segesta, Erice, and Marsala. Tour the Greek theaters of Taormina, and Syracuse and discover the ornate architecture of Norman-Arab castles and cathedrals in Palermo and Monreale. This itinerary presents a variety of excursion options so guests are free to choose activities that best match their interests.

Enriching our voyage is a robust educational program featuring Wendy Heller, Princeton's Scheide Professor of Music History, Laetitia La Follette *86, representing the Archaeological Institute of America, and Elihu Rubin, Associate Professor of Urbanism at the Yale School of Architecture. Princeton travelers will be joined by those from the Archaeological Institute of America, Yale University, and National Trust Tours. Given the limited number of cabins—only 47 aboard the ship—we encourage you to secure your place today by reaching out to our partner tour operator, Criterion Travel, at (888) 328-2089.

With best wishes for continued curiosity and perpetual learning,

Bridget St. Clair

Bridget St. Clair
Director
Alumni Education and Travel
Princeton University



ST. JOHN'S CO-CATHEDRAL

ITINERARY

SATURDAY—SUNDAY, JUNE 15-16

HOME / VALLETTA, MALTA

Depart the U.S. on an overnight flight to Valletta, Malta. Arrive on Sunday, June 16th, and transfer to the Grand Excelsior Hotel. After settling in, gather for a welcome orientation and reception in the evening. GRAND EXCELSIOR HOTEL (R)

MONDAY, JUNE 17

VALETTA, MALTA / EMBARKATION

After a morning lecture, explore historic Valletta, Malta's enchanting capital city built by the Knights of St. John in the 16th century. Today choose from three excursion options: 1) archaeological tour featuring the Tarxien Temples, Hypogeum, and the National Museum of Archaeology; 2) military history tour including an exploration of Valletta's vast network of underground tunnels and a visit to the National War Museum at Fort St. Elmo; 3) architecture tour of Valletta highlighting St. John's Co-Cathedral and Renzo Piano's new works including the Valletta City Gate & Square and Parliament Building, followed by lunch in a historic palazzo. Board *Sea Cloud II* in the late afternoon and set sail for Sicily. SEA CLOUD II (BLD)

TUESDAY, JUNE 18

AT SEA

En route to Trapani, enjoy a full day at sea, a continuation of the lecture program, and, weather permitting, an opportunity to experience the ship under sail. In the evening, attend the captain's welcome reception. SEA CLOUD II (BLRD)

WEDNESDAY, JUNE 19

TRAPANI, SICILY

Begin your exploration of Sicily with a visit to the well-preserved Greek Doric temple at Segesta, thought to have been designed by an Athenian architect approximately 420 BCE. Next, choose between two options: 1) An ascent to Erice, a charming medieval village perched high on a

mountain-top with stunning views of the Tyrrhenian Sea. Founded as Eryx by the Carthaginians, the town boasts a fertility temple and a mythical association with Hercules and Aeneas, along with its Norman castles and dramatic winding streets; 2) A jaunt to Marsala, situated on the westernmost tip of Sicily. The town was founded by the Carthaginians in 396 B.C. and was occupied by the Saracens who named it Marsa el Allah—Port of God. Here visit the oldest winery in the region and delve into its history on a private tour and tasting. SEA CLOUD II (BLD)

THURSDAY, JUNE 20

MONREALE / PALERMO

Begin today with a visit to Monreale, home to a stunning 12th-century cathedral. Hailed as Italy's most beautiful Norman church, the interior is covered with mosaics, gold leaf, and stone intarsia. Next, explore Palermo, famous for its jumbled and picturesque streets punctuated with ornate Baroque churches, domed Arab mosques, and the glittering Byzantine mosaics that reveal a unique and diverse heritage. After lunch in atmospheric Old Town Palermo, choose from two excursions: 1) visit Galleria Regionale della Sicilia, housed in the 15th-century Palazzo Abatellis and featuring works by Sicilian artists dating from the Middle Ages to the 18th century; 2) a tour of Palermo's famed Archaeological Museum, which showcases one of the richest collections of Punic and Greek art in Italy. SEA CLOUD II (BLD)

FRIDAY, JUNE 21

LIPARI / STROMBOLI, AEOLIAN ISLANDS

Sail to the small volcanic islet and World Heritage Site of Lipari. While ashore choose between 1) an in-depth walking tour of the town center with a visit to the Aeolian Archaeological Museum; or 2) a leisurely driving tour around the perimeter of the island with spectacular views of the other Aeolian volcanoes, ending in Lipari center. Return to the ship for lunch and the continuation of our lecture series. In the early evening cruise near the active Stromboli Volcano for sunset photos, and then linger after dinner to watch for the Stromboli "fireworks" out on deck. SEA CLOUD II (BLD)



TEMPLE AT SEGESTA



HYPOGEUM

SATURDAY, JUNE 22

CRUISING THE STRAIT OF MESSINA / TAORMINA / MT. ETNA

Come alongside at Giardini-Naxos, founded by the Greeks in the 8th century B.C. and presided over by 9,500-foot Mt. Etna, Europe’s largest active volcano. Choose between two morning excursion options: 1) Explore Taormina’s third-century Greco-Roman Theater and then stroll the lively pedestrian-only Corso Umberto and its many off-shooting narrow lanes lined with shops and pretty piazzas; 2) Journey up Etna’s pock-marked slopes via cable car, then continue in 4x4 vehicles until you reach the Silvestri Crater at 9,000 feet. Return to the ship and set sail for Syracuse. *SEA CLOUD II* (BLD)

SUNDAY, JUNE 23

SYRACUSE

Founded by the Corinthians in the 8th century B.C., Syracuse was one of the most powerful Greek cities—defending its sovereignty against such rivals as Carthage, the Etruscans, the Romans (who later overtook the city) and the Arabs. Tour the expansive Archaeological Park, a World Heritage Site home to the Roman Amphitheater of Augustus; the Ear of Dionysius, a grotto with an extraordinary echo; and the massive 15,000-seat Greek Theater. Continue to the adjacent fortified island of Ortigia and take in the sights and smells of the lively food market before strolling through beautiful alleyways and piazzas to the Piazza del Duomo, home to the city’s monumental cathedral. In a nearby private palazzo dating back to the Middle Ages, enjoy a reception hosted by Sicilian Baron and view a collection of etchings of ancient Syracuse and Sicily. This evening, attend the captain’s farewell reception and enjoy dinner en route to Valletta. *SEA CLOUD II* (BLRD)

MONDAY, JUNE 24

VALLETTA, MALTA / DISEMBARKATION

Disembark in Valletta this morning and transfer to the airport for your independent flights home. (B)



MARSAXLOKK, MALTA



HARBOR OF GOZO ISLAND

OPTIONAL PRE-TRIP EXTENSION IN MALTA

BEYOND VALLETTA: MALTA’S SOUTHERN COAST & GOZO ISLAND

JUNE 14-16, 2024

This two-night pre-trip extension offers the opportunity to experience the sites, stunning landscape and local charm of this island nation beyond its capital city, including the megalithic complex of Hagar Qim, the fishing village of Marsaxlokk, and a day trip to the idyllic island of Gozo to see some of the oldest megalithic temples on Earth.

Further details and pricing will be sent to confirmed participants.



GENERAL INFORMATION

PROGRAM RATES INCLUDE

One deluxe hotel night and seven nights aboard Sea Cloud II • All meals and excursions as specified in the itinerary • Full program of briefings and lectures • Airport transfers on group arrival and departure dates • Baggage handling • **Gratuities to porters, waitstaff, guides, drivers and shipboard personnel** • Port charges • Entrance fees • Welcome and farewell cocktail receptions on board • **House wine, beer, and soft drinks with all group lunches and dinners** • Bottled water on motorcoaches • Criterion Tour Manager • Princeton Study Leader • Princeton Staff Host

AIR ARRANGEMENTS

U.S. domestic and international airfare is not included in the program rates. Valerie Wilson Travel, Inc., can help with airline arrangements for this trip and can be reached at 877-376-1754. You are also welcome to book your air transportation through your local travel agent, an online travel site, or the airline of your choice. Further information about making flight arrangements will be sent to confirmed participants.

WHAT TO EXPECT

This is a moderately strenuous program, at times physically demanding and busy, with considerable walking at some sites. The ship does not have an elevator, so you will need to navigate stairs, possibly while on choppy seas. Activities can involve up to two miles of walking, often on cobble streets and uneven terrain; elevators may not be available and stairs may not have handrails. Participants should be fit and in active good health. Limited medical facilities are available on board Sea Cloud II. All participants will be required to follow safety/sanitization protocols set forth by Princeton Journeys or Criterion Travel, local staff, and host country laws. If the tour manager decides that a participant cannot visit a site safely or in a timely manner, their judgment will be final. Where possible, an alternate activity may be suggested; additional costs may apply.

GROUP SIZE

This program is limited to 78 participants, including travelers from the Archaeological Institute of America, National Trust Tours, Princeton Journeys, and Yale Alumni Academy.

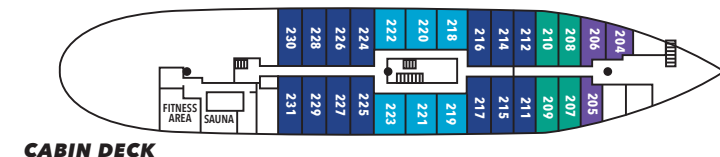
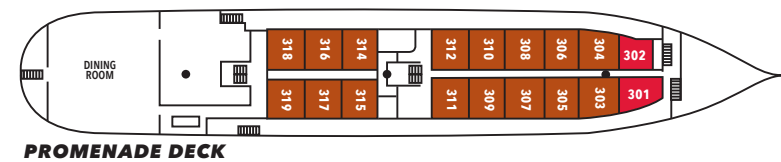
SEA CLOUD II

The iconic *Sea Cloud II* is perhaps the most luxurious three-masted sailing yacht on the seas today. Like Marjorie Merriweather Post's legendary *Sea Cloud*, she combines the seafaring elegance of a bygone era with the highest modern standards of luxury. In the grand tradition of the world's finest sailing vessels, guests can experience this marvelous ship under sail as the skilled crew hand-sets over 30,000 square feet of canvas. *Sea Cloud II* offers an intimate setting of just 47 beautifully appointed cabins, gracious common areas, world-class service, and 5-star dining.

PROGRAM RATES

Rates are per person, based on double occupancy unless otherwise specified.

CATEGORY		DOUBLE	SINGLE
1	CATEGORY 1, CABIN DECK Upper and lower twin beds; 150 sq. ft., two portholes	\$5,990	\$10,490
2	CATEGORY 2, CABIN DECK Twins or queen bed; 204 sq. ft., two portholes	\$7,990	\$12,490
3	CATEGORY 3, CABIN DECK Twins or queen bed; 215 sq. ft., two portholes	\$9,490	\$15,490
4	CATEGORY 4, CABIN DECK Queen bed; 226 sq. ft., three portholes	\$10,990	—
5	CATEGORY 5, PROMENADE DECK Queen bed; 215 sq. ft., panorama windows	\$11,990	—
6	CATEGORY 6, PROMENADE DECK Twins or queen bed; 247 sq. ft., panorama windows	\$12,990	—
7	CATEGORY 7, LIDO DECK King bed; 290 sq. ft., panorama windows	\$15,990	—



PRINCETON JOURNEYS

SICILY CIRCUMNAVIGATION SAILING AROUND SICILY AND MALTA

JUNE 15-24, 2024

**ABOARD THE 47-CABIN
SEA CLOUD II**

A NOTE ABOUT RATES

Tour rates are based upon current fuel prices, currency values, taxes, tariffs, and a minimum number of participants. While we will do everything possible to maintain the listed prices, they are subject to change. If there are significant changes, details and costs will be advised prior to departure.

PROGRAM RATES DO NOT INCLUDE

U.S. domestic and international airfare • Passport/visa expenses • Medical expenses and immunizations • Private transfers or airport transfers outside of group arrival and departure dates • Travel and trip cancellation insurance • Optional excursions or deviations from the scheduled tour • Airline baggage charges • Meals not specified in the itinerary; dishes and beverages not part of the included meals; liquor or soft drinks except as noted • Laundry or dry cleaning • Telephone, fax, internet and email charges • Room service • Other items of a personal nature.

Complete Terms and Conditions including Statement of Responsibility will be made available to you at time of registration, or in advance upon request. A signed "Terms & Conditions, Release from Liability, Assumption of Risk and Binding Arbitration Clause" is required from each applicant prior to participation on the tour.

RESERVATIONS & PAYMENTS

To reserve space, please call (609) 258-8686 or return the completed reservation form with your \$1,000 per person deposit to: Princeton Journeys, Princeton University, 100 Overlook Center, Suite 300, Princeton, NJ 08540, or fax to (609) 258-5561. Balance of payment is due February 16, 2024. After February 16, 2024 full payment is due upon registration. Final payment must be made by check or bank transfer.

CANCELLATIONS & REFUNDS

Upon payment of a deposit, all reservations are subject to the cancellation provisions set forth below and by which the passenger agrees to be bound. Cancellations shall not be effective until they are received in writing and confirmed by Princeton Journeys. Deposits are refundable (less a \$250 per person admin fee) if written notice of cancellation is received within 30 days of booking; after that, deposits are 100% nonrefundable. After the February 16, 2024 final payment deadline: All payments are 100% nonrefundable, regardless of booking date. For this reason, we strongly urge participants

to purchase trip cancellation insurance. No refunds will be made for any part of this program on which you choose not to participate. **NOTE:** Neither Princeton University nor Criterion Travel, the tour operator, accepts liability for any airline cancellation penalty incurred by the purchase of a nonrefundable ticket in conjunction with this tour.

ITINERARY CHANGES

The itinerary presented for this tour is subject to modification and change by Princeton Journeys and Criterion Travel, the tour operator. Every reasonable effort will be made to operate the program as planned; however, should unforeseen world events and conditions require the itinerary to be altered, Princeton Journeys and the tour operator reserve the right to do so for the safety and best interest of the group. Any extra expenses incurred in this situation are the responsibility of the participant.

DISCLAIMER

Princeton University is pleased to facilitate travel opportunities for its Alumni and Friends through Princeton Journeys. Princeton Journeys works with tour operators to make available interesting and enriching travel opportunities for the Princeton family. Please note that neither the University nor Princeton Journeys conducts tours, nor does either act as an agent for guests interested in tours. Princeton Journeys acts as a facilitator with tour operators, and tour participants contract directly with tour operators to make arrangements for completing travel. Princeton Journeys encourages you to familiarize yourself thoroughly with the tour operator's cancellation and refund policies, and also to investigate available services such as trip cancellation insurance. Neither the University nor Princeton Journeys is responsible for changes to trips or travel arrangements or for losses or additional expenses resulting from or relating to travel. **Princeton Journeys' complete terms, which you are required to agree to before enrolling in a tour, can be found at: alumni.princeton.edu/connect/princeton-journeys/terms-and-conditions.**

California Seller of
Travel Program
CST #2088800-40

RESERVATION FORM

Please make your deposit check payable to Criterion Travel and mail to: 4250 SW Hall Blvd., Beaverton, OR 97005. You may also fax your credit card information to (650) 560-6400 or email res@criteriontravel.com For more information or to reserve by phone, contact Criterion Travel at res@criteriontravel.com or **(888) 328-2089**.

CONTACT INFORMATION (please print)

NAME #1 _____ PRINCETON AFFILIATION _____

NAME #2 _____ PRINCETON AFFILIATION _____

MAILING ADDRESS _____

CITY / STATE / POSTAL CODE _____

HOME PHONE _____ MOBILE PHONE _____

EMAIL #1 _____

EMAIL #2 _____

Are you traveling with any other parties on this program?

Yes, _____

PAYMENT INFORMATION

Enclosed is my check for \$ _____ (\$1,000 per person), payable to Criterion Travel, for _____ place(s) on *Sicily Circumnavigation*.

Please charge my deposit of \$ _____ (\$1,000 per person) to my

VISA MasterCard American Express

NAME ON CREDIT CARD _____

CREDIT CARD NUMBER _____ EXP. DATE _____ SECURITY CODE _____

CARDHOLDER SIGNATURE _____

ACCOMMODATIONS (not guaranteed)

Cabin Category Preference: 1st _____ 2nd _____
Bed Preference King/Queen Twins

SINGLE TRAVELERS (choose one)

I prefer to have single accommodations. (limited availability)

I plan to share accommodations with:

I'd like to know about roommates.

I am a non-smoker smoker

I understand that if a roommate cannot be found by the final payment deadline of February 16, 2024 I will pay the single rate.

I/We have read the tour information section of the brochure and agree to the Terms and Conditions stated therein.

SIGNATURE #1 _____ DATE _____

SIGNATURE #2 _____ DATE _____

SICILY CIRCUMNAVIGATION

SAILING AROUND SICILY AND MALTA
ABOARD THE 47-CABIN *SEA CLOUD II*

JUNE 15-24, 2024

FEATURING WENDY HELLER,
SCHEIDE PROFESSOR OF MUSIC HISTORY



PRINCETON
JOURNEYS

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Princeton, NJ 08543

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STUDY LEADERS



Wendy Heller, Scheide Professor of Music History and director in the Program in Italian Studies, will serve as Princeton study leader for this journey. Recognized as one of the leading scholars of baroque music, Professor Wendy Heller is a musicologist who specializes in the study of music, especially opera. Heller, who served as the Music Department Chair from 2015-2022, has published widely on 17th- and 18th-century opera from interdisciplinary perspectives, with emphasis on gender and sexuality, art history, Italian literature, dance history and the classical tradition. Author of the award-winning *Emblems of Eloquence: Opera and Women's Voices in Seventeenth-Century Venice and Music in the Baroque*, Heller has published widely on the music of Monteverdi, Cavalli, Handel, and Bach. Her current projects include the monograph *Animating Ovid: Opera and the Metamorphoses of Antiquity in Early Modern Italy and volume Barbara Strozzi: In Context* (co-edited with Beth Glixon); her edition of Francesco Cavalli's *Veremonda, l'amazzone di Aragona* will be published next year. Heller, who also trained as a professional, maintains strong interests in performance and has been a dramaturg for numerous performances of baroque operas at Princeton. Awarded the Rome Prize from the American Academy in Rome, Heller has also won numerous fellowships from such organizations as the Mellon Foundation, the Metropolitan Museum of Art, and the Villa I Tatti, Harvard University Center for Renaissance Studies.



Laetitia La Follette *86, Archaeological Institute of America lecturer is Professor of Greek and Roman Art and Architecture, founding chair of the Department of the History of Art and Architecture at the University of Massachusetts Amherst, and Immediate Past President of the Archaeological Institute of America. She earned her B.A. in Classics at Harvard-Radcliffe and her Ph.D. in Classical Archaeology at Princeton. Laetitia has published in the field of ancient art and archaeology as well as cultural heritage policy. She has excavated in Greece and Israel, and her research interests include Greek and Roman architecture, Roman religion, Roman sculpture, and Roman women. Recipient of the College Outstanding Teacher Award, College of Humanities and Fine Arts, UMass Amherst, she is currently finishing on a book on the portraits of an ancient Roman noble family that were discovered in (and smuggled out of) Rome in the 1880s. Laetitia looks forward to accompanying this program, during which we will explore some of her favorite places in the world.



Elihu Rubin is Associate Professor of Urbanism at the Yale School of Architecture with a secondary appointment in American Studies. His work bridges the urban disciplines, focusing on the built environments of nineteenth and twentieth-century cities, the history and theory of city planning, urban geography and the cultural landscape, transportation and mobility, architectural preservation and heritage planning, and the social life of urban space. He has a PhD in History of Architecture and Urbanism and a Master of City Planning degree with a focus on transportation, both from the University of California, Berkeley, and a BA in Ethics, Politics, and Economics from Yale.



STREET MARKET, PALERMO



CORSO UMBERTO



MARSALA GRAPES

HIGHLIGHTS

- Customize your experience with a menu of excursion options geared to different interests in nearly every port: Valletta, Trapani, Palermo, Lipari, and Giardini Naxos.
- Discover UNESCO World Heritage Sites— Monreale's Cathedral, the Aeolian Archipelago of which we visit Lipari, Mount Etna, as well as the historic centers of Valletta, Palermo, and Syracuse.
- Sample a variety of Palermo's famed street food specialties at a classic Sicilian restaurant in Old Town Palermo.
- Experience the archeological wonders of Malta with opportunity to visit the Tarxien Temples, the National Museum of Archeology, and St. John's Cathedral.
- Delight in a private reception with a Sicilian Baron in his Baroque palazzo, dating back to the Middle Ages, and view a rare collection of etchings of ancient Syracuse and Sicily.