

JOURNEY TO ANTARCTICA: THE WHITE CONTINENT

14 DAYS / 11 NIGHTS | DECEMBER 7-19, 2022

TRAVEL WITH JOHN HIGGINS, ASSOCIATE PROFESSOR OF GEOSCIENCES



ABOARD NATIONAL GEOGRAPHIC EXPLORER



THAT'S THE
EXHILARATION
OF DISCOVERY.

Travel with confidence. We encourage you to view the Health & Safety protocols currently in effect. Scan the QR code, or visit bit.ly/3atsiNM.



DEAR PRINCETONIAN,

Antarctica is otherworldly, as far away from anything familiar as you can get. It invites your imagination, and then, in a dazzling sleight of hand—with its light, air, ice, weather and wildlife—humbles you as no other place on earth can. It's one of the most exhilarating adventures the planet offers. And if it calls to you, then join fellow Princetonians December 7-19, 2022, aboard the *National Geographic Explorer* to explore the "White Continent" for yourself.

On the following pages, read about Lindblad Expeditions' naturalist staff, photographers, and undersea specialist who will complement the commentary of a Princeton researcher who will journey with you. See images that will whet your appetite for adventure and show you how personally you'll experience Antarctica—hiking the landscapes, literally hanging out with the penguins, kayaking, and going by Zodiac where so few have gone before.

In crossing the Antarctic Convergence alongside Associate Professor of Geosciences John Higgins and your fellow Princetonians, you'll join the ranks of the legendary explorers who've ventured there. And, depending on where your prior travels have taken you, you may even join another illustrious and exclusive society—the "Seven Continent Club."

Contact the Princeton Journeys team at (609) 258-8686 or journeys@princeton.edu to reserve your space today.

With kind regards,



Bridget St. Clair
Executive Manager, Princeton Journeys
Princeton University

Note: The total trip costs include complimentary bar tab and crew gratuities on this voyage.

LINDBLAD EXPEDITIONS IS PROUD TO BE AWARDED:

#1 SMALL SHIP CRUISE LINE
CONDÉ NAST TRAVELER READERS' CHOICE AWARDS!



Cover photo: Emperor Penguin poses for a shot on Snow Hill Island. ©Ryder Redfield.
Opposite: Guests exploring by Zodiac have an extraordinary encounter with a spy-hopping humpback whale. ©Eric Guth. A curious adult leopard seal. ©Michael S. Nolan.
Ship's Registry: Bahamas



DISCOVER THE THRILL OF THE ICE

Edifying. Captivating. And deeply moving. The ice art of Antarctica is among the world's most singular sights. The Antarctic ice sheet is the most distinctive feature of Earth as seen from space—as described by every astronaut's account. And the ice is what makes every Antarctic explorer vow to return. It's visually stunning and nearly kaleidoscopic in its variety of form. But what's exhilarating to discover is the ice's voice. Sitting in a stilled kayak, listening to the subtle sibilance of 1,000-year-old gases releasing from a bobbing field of floating bergy bits is like eavesdropping on Earth's whispered secrets. Ice fever. It's a thing.

ENCOUNTER PENGUINS GALORE

Adélies. Chinstraps. Gentoos. These are the riveting, often raucous, denizens of Antarctica. Meet and greet three of the world's penguin species. Visit their rookeries and see fascinating behavior. Whether they're squabbling, fetching krill and feeding chicks, or “porpoising” (propelling themselves from the sea), you will delight in their antics and marvel at their adaptation to life on the ice.



Penguins on massive iceberg.

Opposite page (clockwise from top): Take advantage of Antarctica's unrivaled photo opportunities; guests observing a leopard seal up close; guests enjoy the spectacular vistas from deck; an exuberant guest takes the polar plunge challenge; photographing an Adélie penguin up close.



PERFECT PLATFORM FOR EXPLORATION

National Geographic Explorer is a genuine expedition ship, not a cruise ship masquerading as one. Therefore, she is uniquely equipped to facilitate the expedition philosophy of in-depth seeing and experiencing—with state-of-the-art tools for exploration. An unparalleled base for discovery, the ship enables the fullest expression of the expedition style: an intimate, authentic, learning-oriented environment. She is also most importantly able to provide excellent safety features and an equally excellent Antarctic experience. In addition to being an ice-class polar expedition vessel, *National Geographic Explorer* is a beautiful ship, built with careful attention to details and comfort. Accommodating just 148 guests in 81 outside-facing cabins, she fosters a welcoming esprit de corps within the expedition community and provides a perfect ending to active days.



Guests review nautical maps at the Bridge.

TOOLS & TECHNOLOGY ENSURE EXTRAORDINARY BENEFITS

- **DNV ICE-1A Class Rating** on the hull, enabling us to navigate the ice safely
- **Remotely Operated Vehicle (ROV)** that can explore the ocean at depths to 1,000 feet
- **Crow's Nest Remote-controlled Camera** with real-time footage broadcast on high definition LCD video screens within each cabin
- **Electronic Chart System** that broadcasts as a channel in the cabins
- **Chart Room** with nautical maps and a coffee, tea, hot cocoa station
- Open Invitation to **Visit the Bridge**
- **Observation Lounge**, providing panoramic vistas of the scenery and a supply of binoculars
- **Large Fleet of Zodiacs** and internal boarding mechanism for swift, effortless disembarkation of all guests
- **36 Double Kayaks** that allow personal exploring in pristine Antarctic environments
- **Professional Video Chronicler** to capture every facet of your unique adventure, and professionally edit a DVD prior to departure available for purchase

Opposite (clockwise from top): National Geographic Explorer is designed with the utmost attention to safety and comfort; guests join officers on the Bridge to watch them navigate the ice; exploring amid the bergs via Zodiac with narration by a naturalist; kayaks allow for personal exploration.

TRAVEL WITH AN A+ EXPEDITION TEAM

You'll travel with the top team plying polar waters. The ship's Captain and officers have decades of experience navigating Antarctic expeditions, confirming they have the expertise and confidence to safely conduct guests through the full range of polar weather and sea conditions. With a profound love for the polar geographies, the Captain and his team ensure that spontaneity and memorable moments remain expedition hallmarks.



The expedition staff helps guests board kayaks safely and swiftly.

TAKE GREAT PHOTOS WITH THE PROS

Unique in the world of travel, our expedition photography program offers guests of every skill and interest level unrivaled photography opportunities—including a top world-class professional photographer aboard. Plus, a certified photo instructor is on hand to help you understand your camera settings, the basics of composition, and wildlife behavior. Then, test the latest high-end photo gear, on loan from B&H Photo Video. Now, every guest—from smartphone camera users to semi-pro shooters—can stand side-by-side with top photographers and pick up tips in the field and take great photos.



Guests photograph an iceberg in the Drake Passage.

ACTIVELY EXPLORE EVERY DAY, IN MANY WAYS



Guests enjoying the view on a hike.

Go with us for a genuinely immersive experience. *National Geographic Explorer's* Antarctic itinerary is crafted by explorers, enhanced by onboard experts and advanced tools, and features myriad opportunities for adventure. Begin each day with a morning stretch class or pre-breakfast coffee. Hang out on the Bridge to watch the Captain navigate

or head to the bow to watch the ship slice through the ice. Pick up pro tips from an accomplished professional photographer, and explore the undersea from the cozy lounge via live footage captured by the undersea specialist. Go ashore to hike for spectacular views, explore a penguin colony, and a chance to kayak for personal exploration. A fleet of Zodiacs and kayaks, plus the team's swiftness in deploying them, ensures you'll never be wistfully awaiting a turn. You'll be out in nature—enjoying and exploring all it offers—as quickly as possible.

DISCOVER THE VIVID UNDERSEA

An onboard undersea specialist will dive with a video camera and bring back footage for all to watch in vivid HD, in the dry warmth and comfort of the ship's lounge, perhaps with a cocktail in hand and hors d'oeuvres at the ready. Always interesting, it can also be pioneering. In Antarctica, the footage you see may be of marine life few scientists, or human eyes for that matter, have ever seen.

Undersea specialist dives with a video camera to shoot footage for viewing in the lounge.



JOURNEY TO ANTARCTICA: THE WHITE CONTINENT

14 DAYS/11 NIGHTS—ABOARD *NATIONAL GEOGRAPHIC EXPLORER*



National Geographic Explorer approaching iceberg, Antarctica.

Traveling aboard the state-of-the-art *National Geographic Explorer*, encounter the spectacular Antarctic Peninsula and the surrounding islands and waterways. Glide around enormous tabular icebergs by Zodiac, photograph the penguin colonies, and kayak in complete tranquility.

DAYS 1 AND 2: U.S./BUENOS AIRES, ARGENTINA

Depart on an overnight flight to Buenos Aires, Argentina's cosmopolitan capital. Settle into the Alvear Art Hotel (or similar) before seeing the city's Beaux Arts palaces and the famous balcony forever associated with Eva Perón. (Day 2: L)

DAY 3: FLY TO USHUAIA/EMBARK

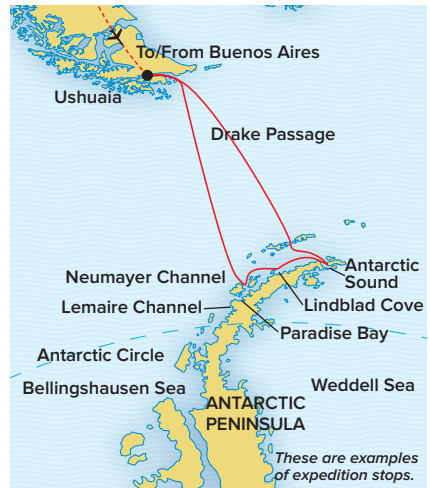
Fly by private charter to Ushuaia, the southernmost city in the world. Enjoy lunch on a catamaran cruise of the Beagle Channel before embarking the ship. (B,L,D)

DAY 4: AT SEA/DRAKE PASSAGE

While crossing the legendary Drake Passage, spot albatross and other seabirds that glide alongside the ship. (B,L,D)

DAYS 5-10: EXPLORING ANTARCTICA

With long hours of daylight at this time of year, you have ample opportunity to explore the Antarctic Peninsula and the surrounding islands. In keeping with the nature of an expedition, the schedule is flexible so that we can take advantage of the unexpected—watching whales perform off the bow, taking an after-dinner Zodiac cruise, or heading out on an unplanned landing. We anticipate making landings to walk ashore and kayak among the ice floes, and experience close encounters with wildlife. You may have the thrill of watching the powerful ship crunch through the pack ice, or step ashore to thousands of Adélie and chinstrap penguins. You'll learn how climate change affects the penguin populations, and how to capture images of those same penguins from an accomplished professional photographer. Back aboard, the undersea specialist may present video from that day's dive or show rare images taken up to 1,000 feet below the surface using the ROV. The expert staff will craft an expedition where you will learn, see, and experience more. (B,L,D)



DAYS 11 AND 12: AT SEA

Enjoy the ship's amenities as the Antarctic coast disappears from view. Round the southernmost tip of South America, and see the meeting of the Atlantic and Pacific Oceans. Celebrate your voyage at a farewell dinner on board. (B,L,D)

DAYS 13 AND 14: USHUAIA, ARGENTINA/DISEMBARK/BUENOS AIRES/U.S.

Disembark in Ushuaia. Fly by charter to Buenos Aires and connect with your overnight flight home. (Day 13: B,L)

OPTIONAL EXTENSIONS:

Buenos Aires: Pre-voyage, 2 days.

Iguazú Falls: Post-voyage, 3 days.

Easter Island: Post-voyage, 4 days.

Call for details.



Adélie penguins.



NATIONAL GEOGRAPHIC EXPLORER

CAPACITY: 81 outside cabins accommodating 148 guests.

REGISTRY: Bahamas. **OVERALL LENGTH:** 367 feet.

National Geographic Explorer is a state-of-the-art expedition ship. She is a fully stabilized, ice-class vessel, with an ice-reinforced hull, enabling her to navigate polar passages while providing exceptional comfort.

PUBLIC AREAS: Bistro bar; chart room; restaurant; global gallery; library; lounge with full-service bar and state-of-the-art facilities for films, slide-shows, and presentations; mudroom with lockers for expedition gear, and observation lounge. An open Bridge enables guests to meet the officers and Captain and learn about navigation.

MEALS: Served in single seatings with unassigned tables for an informal atmosphere. Menu is international with local flair.

CABINS: All cabins face outside with windows or portholes, private bathroom, and climate controls. Cabin are equipped with Wi-Fi, multiple electrical outlets, USB outlets, full length mirror and phones. TV featuring entertainment on demand, live feed for onboard presentations, bow camera and ship's position. Luxury bed linens and pillows. Botanically inspired shampoo, conditioner, shower gel, and lotion are all available in cabin bathrooms, as well as an Expedition Essential Kit. Hair dryers, complimentary insulated water bottles and an atlas is available in each cabin.

EXPEDITION EQUIPMENT: Zodiacs, Remotely Operated Vehicle (ROV), hydrophone, splash-cam, underwater video camera, crow's nest remote-controlled camera, video microscope.

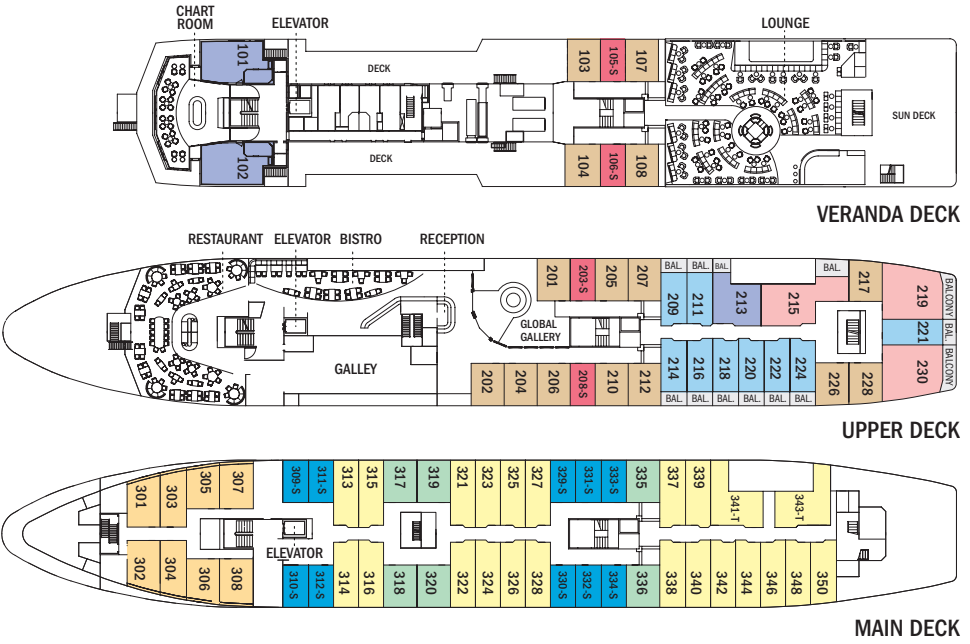
SPECIAL FEATURES: A full-time doctor, undersea specialist, Global Perspectives guest speaker, professional photographer, certified photo instructor, video chronicler, internet café, and laundry.

WELLNESS: The vessel is staffed by a wellness specialist and features a glass-enclosed fitness center, outdoor stretching area, LEXspa treatment room, and sauna.

SELF-DISINFECTING SHIPS: ACT Clean Coat™ is a light-activated, self-disinfecting cleaning process that continuously breaks down viruses, bacteria, mold, and airborne allergens across all ship surfaces. Not only does this create a cleaner, healthier shipboard environment for guests and crew alike, but this non-toxic, chemical-free system also saves more than one million gallons of water each year in our cleaning procedures, and reduces our carbon footprint as well as the amount of plastic and waste in our supply chain.



From top: Dining room with unassigned seating and a casual atmosphere; comfortable Category 5 cabin with balcony; standard bathroom; fitness center with panoramic views.



COSTS ARE PER PERSON, DOUBLE OCCUPANCY UNLESS INDICATED AS SOLO.

CATEGORY 1: \$15,380

Main Deck — With one or two portholes #301-308

CATEGORY 2: \$16,470

Main Deck — With window #317-320, 335-336

CATEGORY 3: \$17,050

Main Deck — With window #313-316, 321-328, 337-340, 342, 344, 346, 348, 350

CATEGORY 4: \$18,330

Upper & Veranda Decks — With window #103-104, 107-108, 201-202, 204-207, 210, 212, 217, 226, 228

CATEGORY 5: \$22,090

Upper Deck — With balcony #209, 211, 214, 216, 218, 220-222, 224

CATEGORY 6: \$25,180

Veranda Deck — Suite #101-102; Upper Deck-Suite with balcony #213

CATEGORY 7: \$28,760

Upper Deck — Suite with balcony #215, 219, 230

CATEGORY A SOLO: \$20,390

Main Deck — With window #309-312, 329-334

CATEGORY B SOLO: \$21,270

Upper & Veranda Decks — With window #105-106, 203, 208

SHARED ACCOMMODATIONS: Available in Categories 1 and 2.

SOLO OCCUPANCY: Cabins available in Categories A and B.

Note: Cabins #209, 211, 214, 216-218, 220, 222, 224, 226, 228, 303-306 have one queen-sized bed. All other double cabins have two lower single beds; some can convert to a queen-sized bed.

*Third person rates are available in the designated triple occupancy cabins at one-half the double occupancy rate. Cabins #341, 343, 101, 102, 215, 219 and 230 can accommodate a third person.

INCLUSIVE PRICING

ABOARD SHIP

- ✓ All meals and alcoholic (except certain super-premium brands) and nonalcoholic beverages
- ✓ 24-hour coffee, tea and soda and complimentary refillable water bottle
- ✓ Hors d'oeuvres and snacks during evening Recaps
- ✓ Fully stocked library
- ✓ Sauna and fitness center
- ✓ The guidance and company of the expedition staff
- ✓ Crew gratuities
- ✓ Mac computers for downloading your photos and internet access
- ✓ Access to the B&H photo locker with latest gear to try out on loan
- ✓ Complimentary Exclusive Antarctica Parka

SPECIAL OFFERS

FREE AIR: Book by June 30, 2022 for free round-trip economy international group airfare Miami/Buenos Aires on this departure date. Complimentary air must be ticketed by Lindblad Expeditions, and in the case that Lindblad's group flight is not available at the time of booking, we reserve the right to issue a credit. Baggage fees may be additional. Valid for new bookings only, subject to availability. Call for details.

BRING THE KIDS: Sharing the expedition with your kids or grandkids is a life-enhancing experience. Take \$500 off the double-occupancy price for each person under the age of 18.

TERMS AND CONDITIONS

EXPEDITION COST INCLUDES: Accommodations aboard ship; one hotel night in Buenos Aires; meals and all beverages aboard ship (except certain super premium brands of alcohol); meals on land as indicated; transfers to/from airport if traveling on group flights; all shore excursions, sightseeing, and entrance fees; use of kayaks; taxes, service charges, and tips (including gratuities to the ship's crew); services of the ship physician and expedition staff. Unused services or items included in this program are non-refundable.

NOT INCLUDED: Air transportation (unless otherwise indicated) including charter airfare Buenos Aires/Ushuaia/Buenos Aires; extensions; passport, visa, immigration fees; meals not indicated; travel protection plan; items of a personal nature, such as Wi-Fi, voyage chronicle, laundry, etc.

SAMPLE AIRFARES: Round-trip Miami/Buenos Aires: Economy from \$1,100; Business from \$3,100. Charter airfare from \$990-\$1,420 round-trip Buenos Aires/Ushuaia must be ticketed by Lindblad Expeditions, Immigration fees are not included. Airfares subject to change. Lindblad will assist in making your air arrangements for a \$50 per person service fee.

RESERVATIONS: To confirm your place, an advance payment of US \$2,500 per person is payable by VISA, MasterCard, American Express, Discover or check. Receipt of advance payment indicates your acceptance of the terms and conditions.

FINAL PAYMENT: Due 120 days prior to departure. Lindblad Expeditions reserves the right to cancel your reservation if payment has not been received by final payment due date.

TRAVEL PROTECTION PLAN: Travel protection and medical insurance are available at extra cost. Information will be sent upon registration.

SMOKING AND VAPING POLICY: Allowed only in designated outdoor areas.

ENTRY AND VISA REQUIREMENTS: Guests are advised to verify travel documents (passport/transit visa/entry visa) for the country through which they are transiting and/or entering. Reliable and most current information regarding international travel can be found by contacting the consulate/embassy of the country(s) you are visiting or transiting through. We will not be responsible if you are denied entry or transit into a country, if you are unable to provide valid documents as per the country's requirement.

RESPONSIBILITY AND OTHER TERMS & CONDITIONS: Certain other provisions concerning, among other things, limitations of Lindblad Expeditions' and the National Geographic Expeditions' (a division of National Geographic Partners, LLC) liability for loss of property, injury, illness, or death during the voyage will be provided to all guests on the ship's ticket sent prior to departure or upon request. By registering for a trip, the guest agrees to all such terms and conditions.

Note: Itineraries and prices listed in this brochure are as of publication date and are subject to change. Under normal conditions the total expedition price is guaranteed at the time of booking. However, our expedition pricing is determined far in advance of initial departure on the basis of then-existing projections of fuel and other costs. In the event of increases in those costs, including but not limited to increases in the price of fuel, currency fluctuations, increases in government taxes or levies, or increased security costs, we reserve the right to adjust the price of your expedition or add a surcharge to cover such unexpected increases. We will always provide an explanation of the reason for increase in costs.

Photo Credits: Sisse Brimberg & Cotton Coulson, Stewart Cohen, Eric Guth, Ralph Lee Hopkins, Sven-Olof Lindblad, Michael Luppino, Michael S. Nolan, Ryder Redfield, Marco Ricca, Max Seigal.

ASHORE

- ✓ One hotel night in Buenos Aires with city tour
- ✓ Guided tour of Ushuaia and hotel VIP lounge pre-departure with refreshments
- ✓ Meals on land as indicated in itinerary
- ✓ Special access permits, park fees, port taxes
- ✓ Transfers to and from group flights
- ✓ The expertise of the expedition staff

ACTIVITIES

- ✓ All shore activities
- ✓ Zodiac and kayak explorations
- ✓ Lectures and presentations in the lounge
- ✓ Photo instruction
- ✓ Morning stretch classes with wellness specialist

CANCELLATION POLICY

Number of Days Prior to Expedition Start	Per Person Cancellation Fee
180 or more days	\$750
179-120 days	Advance payment cost
119-90 days	25% of trip cost
89-60 days	50% of trip cost
59-0 days	No refund

This policy applies to the voyage only. We strongly recommend that you purchase a travel protection plan.



Please send reservation to:

Princeton Journeys
Princeton University
P.O. Box 5256
Princeton, NJ 08543
Phone: 609-258-8686
Fax: 609-258-5561

RESERVATION FORM:

JOURNEY TO ANTARCTICA: THE WHITE CONTINENT

14 DAYS / 11 NIGHTS | DECEMBER 7-19, 2022

ABOARD NATIONAL GEOGRAPHIC EXPLORER

Please reserve _____ place(s).

Name 1: _____ Princeton Affiliation: _____
(As it appears on passport)

Name 1: _____ Date of Birth: _____
(Preferred name for name badge)

Name 1: _____ Princeton Affiliation: _____
(As it appears on passport)

Name 2: _____ Date of Birth: _____
(Preferred name for name badge)

Street Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

Business Phone: _____ Fax: _____

Email: _____

Accommodations: ☐ Double ☐ Single ☐ Twin share w/friend

☐ Share with roommate assigned by tour operator

Please indicate choice of cabin category in order of preference:

1st choice: _____ 2nd choice: _____

Please send information on the extension to ☐ **Buenos Aires** ☐ **Iguazú Falls** ☐ **Easter Island.**

Advance Payment Information: US\$2,500 per person.

☐ If paying by check, please make payable to: **Lindblad Maritime Enterprises, Ltd.**

Enclosed is my advance payment of \$ _____

☐ If paying by credit card, we will contact you to finalize your booking and collect payment information.

Princeton University is pleased to facilitate travel opportunities for its Alumni and Friends through Princeton Journeys. Princeton Journeys works with tour operators to make available interesting and enriching travel opportunities for the Princeton family. Please note that neither the University nor Princeton Journeys conducts tours, nor does either act as an agent for guests interested in tours. Princeton Journeys acts as a facilitator with tour operators, and tour participants contract directly with tour operators to make arrangements for completing travel. Princeton Journeys encourages you to familiarize yourself thoroughly with the tour operator's cancellation and refund policies, and also to investigate available services such as trip cancellation insurance. Neither the University nor Princeton Journeys is responsible for changes to trips or travel arrangements or for losses or additional expenses resulting from or relating to travel. **Princeton Journeys' complete terms, which you are required to agree to before enrolling in a tour, can be found at: alumni.princeton.edu/connect/princeton-journeys/terms-and-conditions.**

JOURNEY TO ANTARCTICA

EXPEDITION HIGHLIGHTS

- » Travel with John Higgins, Associate Professor of Geosciences.
- » Explore the world's last great wilderness in the company of our team of top naturalists.
- » View magnificent mountains, towering icebergs, and ice formations.
- » On shore observe thousands of penguins: gentoo, Adélie, and chinstrap.
- » Cruise aboard sturdy Zodiac landing craft in search of wildlife.
- » Kayak in protected waters, paddling as penguins swim nearby.
- » Choose to spend two days prior in warm Buenos Aires, or time post-voyage at Easter Island or Iguazú Falls.

100% CARBON NEUTRAL & SINGLE-USE PLASTIC FREE

We have chosen Lindblad Expeditions because they care deeply about the planet, and see travel as a powerful force for good.

 Printed on 10% recycled content paper with soy-based inks. We recommend that you pass this along for others to enjoy or recycle.



PRINCETON JOURNEYS

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