Ancient Traditions of Japan’s Inland Sea

Travel with Thomas Conlan, Professor of East Asian Studies and History, Princeton University

aboard the exclusively chartered, small ship

**Five-Star LE SOLÉAL**

April 18 to 29, 2023

Destinations including:
Kyoto
Hiroshima
Hagi
Matsue
Gyeongju
Okayama

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No cancellation fees for new bookings.*
Call 609.258.8686 or email journeys@princeton.edu

alumni.princeton.edu/journeys
**12 Day Itinerary**

1. Depart home city
2. Osaka, Japan/Kyoto
3-4. Kyoto
5. Kyoto/Himeji/Embark LE SOLEAL
6. Hiroshima/Miyajima
7. Hagi
8. Sakaiminato for Matsue
9. Ulsan, South Korea, for Gyeongju
10. Moji, Japan
11. Uno for Kurashiki/Okayama (Koraku-en Garden)
12. Osaka/Disembark ship/Return to home city

**Guest Speakers**

**Thomas Conlan**
Thomas Conlan is Professor of East Asian Studies and History, and Director of the Program in East Asian Studies at Princeton University. His research explores how processes such as warfare, or ritual performance, determined the politics, ideals, and social matrix of Japan from the tenth through the sixteenth centuries. A prolific writer, Conlan is the author of five books and numerous articles about the political, social, and intellectual transformations of Japan. On this journey, Professor Conlan’s lectures will focus on Japanese history and his most recent publication, “Samurai and the Warrior Culture of Japan, 471–1877: A Sourcebook.”

**Jim Laurie**
A distinguished international broadcaster, writer, and media consultant who has witnessed defining moments in Asia’s history for more than 50 years, Jim Laurie first visited Japan as a young writer/reporter in 1970 before embarking as a war correspondent in Indochina. He served as ABC News bureau chief in Tokyo in the late 1980s. Laurie’s Emmy Award winning documentary film, Myths Behind the Miracle, examined Japan’s economic success in the late 20th century and some of the social reasons that it could not be sustained.
Walk through the elaborately decorated karamon (Chinese-style gate) to enter Nijo Castle

Dear Princetonian,

From the ethereal temples, jewel box pagodas, and shogun castles of Kyoto to the latticed merchant houses of Hagi’s earthen-walled samurai district, Japan’s ancient cities and towns hold an enigmatic fusion of religious rituals and spiritual symbolism. Join Professor of East Asian Studies and History, Professor Thomas Conlan and your fellow tigers on this carefully crafted itinerary that unveils Japan’s and South Korea’s cultural treasures and divine mystique in each port of call.

This 10-night journey provides unparalleled access to the region’s vast architectural riches, bountiful landscapes, and venerable heritage. Spend three nights in Japan’s spiritual and cultural capital, Kyoto, home to a sublime concentration of UNESCO World Heritage-designated historical monuments, including the celebrated temples of Kiyomizu-dera, Ryoan-ji, and Kinkaku-ji and the imposing Nijo Castle. Cruise for seven nights along the coast of the Inland Sea to South Korea on board the exclusively chartered, five-star small ship Le Soleal — featuring only 110 ocean-view suites and state rooms.

Enjoy excursions that are rich and varied including the 17th-century Himeji Castle, Japan’s largest surviving feudal complex; Hiroshima’s poignant Peace Memorial Park; Miyajima’s Itsukushima Shrine; and in Gyeongju, South Korea, the ancient Silla Kingdom Royal Burial Mounds and the glorious Bulguksa Temple, the embodiment of Buddhist utopia on Earth.

Please note that Princeton travelers will be joined by those from Duke University, Harvard University, and the National Trust for Historic Preservation so we encourage you to reserve your space today.

Best wishes for continued curiosity and perpetual learning,

Princeton Journeys

Director
Alumni Education and Travel
Princeton University

University Disclaimer:

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The safety and well-being of our travelers remains our highest priority. Cruise lines and some other providers of services (as well as, potentially, some countries) require all passengers traveling on our programs to present confirmation of a full COVID-19 vaccination, and, as well, passengers may have to produce evidence of a recent negative COVID test. All our staff are committed to adhering to all health and safety protocols from the start of your trip to the end as directed by the United States Centers for Disease Control and Prevention, overseas health officials as well as those protocols mandated by your cruise company (if applicable) and other suppliers of services. Detailed protocol information tailored to your travel program will be mailed to you along with additional pre-departure information.

Travel Insurance:

As a service to its travelers, Princeton Journeys automatically provides all participants with basic medical, accident, and evacuation coverage under a group travel insurance policy. It is highly recommended that you supplement this basic protection with your own additional coverage, as well as trip cancellation/ interruption or baggage coverage. Information on additional insurance is available and will be mailed upon receipt of your reservation.
Program Highlights

A mysterious island nation, one of unsurpassed natural beauty and way of life, Japan and its fascinating culture are laden with ancient spiritual rituals, symbolism, and rich, storied tradition. Tea ceremonies, Noh drama, ikebana (flower arrangement, also known as kado or “the way of the flowers”), matsuri (the many seasonal festivals of worship), and classical landscape gardens are just some of the long-held traditions. Look for these different types of gardens: the paradise garden, kare-sansui (dry landscape) garden, strolling garden, and tea garden—each with a different symbolic interpretation. Silent contemplation will reveal the lessons of the kare-sansui rock garden at Ryoan-ji, Kyoto’s Temple of the Peaceful Dragon, founded in 1450. This garden, one of the most famous in the world, represents the ultimate expression of Zen Buddhism. Legend says that only 14 of the 15 rocks in the garden can be seen at once, and only when one attains spiritual enlightenment does the final stone reveal itself.
Day by Day Itinerary

Home City/ Osaka, Japan/Kyoto
Day 1 and Day 2
Depart the U.S. and cross the International Date Line. Arrive in Osaka, then transfer to impeccably preserved Kyoto. Check into the KYOTO HOTEL OKURA and enjoy an evening at leisure.

Kyoto
Day 3
Visit the UNESCO World Heritage site of Kinkaku-ji Temple, the vaunted “Golden Pavilion.” Continue on to Ryoan-ji Temple, constructed as an aristocrat’s villa during the Heian Period (794 to 1185). Enjoy the afternoon at leisure and a welcome reception this evening. (b,r)

Day 4
Visit the UNESCO World Heritage-designated monument of Kiyomizu-dera (“Pure Water Temple”), where the main hall and veranda were built without a single nail. Experience the serenity of the temple’s monumental hondo (main hall) and visit Otowa Falls, where a sip of the “pure water” is reputed to bestow health, success or beauty. This afternoon, learn more about shogun history at the UNESCO-designated Nijo Castle, built for shogun Tokugawa Ieyasu. (b)

Kyoto/Himeji
Day 5
Enjoy a guided visit of the grounds surrounding UNESCO World Heritage-designated Himeji Castle, Japan’s most stunning and best-preserved feudal fortress. Embark the ship this afternoon. (b,l,d)

Hiroshima/Miyajima
Day 6
Drive to the solemn Hiroshima Peace Memorial Park in central Hiroshima—which marks the spot where on August 6, 1945, the first atomic bomb used in war left only structural remnants of Hiroshima’s Genbaku Dome—and visit the Peace Memorial Museum.

Call at the island of Miyajima (“Shrine Island”) to tour the sixth-century Itsukushima Shrine. The shrine’s impressive Great Torii Gate—one of the largest in Japan—appears to float on water during high tide. Attend a Captain’s Welcome Reception on board the ship. (b,l,r,d)

Hagi
Day 7
Tour Hagi’s 17th-century Toko-ji Temple on Kikuyake and walk past dwellings that once housed samurai in the city’s old castle town. Visit the Kikuyake House—one of the best-preserved examples of merchant-style architecture from the Edo period (1603 to 1868)—and explore the Hagi Uragami Museum. (b,l,d)

Sakaiminato for Matsue
Day 8
Tour the Adachi Museum of Art, where 20th-century and modern Japanese art coalesce with six perfectly landscaped gardens as “living paintings,” and see 17th-century Matsue Castle. Enjoy onboard lectures this afternoon while cruising the Sea of Japan. (b,l,d)

Ulsan, South Korea, for Gyeongju
Day 9
Travel from Ulsan in rural South Korea to the cradle of...
Day 10

Moji, Japan

Visit the striking 12th-century Akama Shrine, dedicated to the child emperor Antoku. Enjoy a Captain’s Farewell Reception on board the ship this evening. (B,L,R,D)

Uno for Kurashiki/Okayama (Koraku-en Garden)

Day 11

Travel to the Kurashiki Bikan District to visit the old merchant quarter and see the traditional black-tiled houses—painted white and situated along a canal framed with weeping willows. This afternoon, walk through the beautiful Koraku-en in Okayama. This strolling garden is unique for its large, grassy areas and distinctive wooden Ryuten, a pavilion with a stream running through it. (B,L,D)

Osaka/Home City

Day 12

After breakfast, disembark and continue on the Osaka and Nara Post-Program Option or transfer to the airport for your return flight home. (B)
Small Ship, State-of-the-Art Design
Join us aboard the exclusively chartered, five-star **Le Soléal**, where distinctive French sophistication meets innovative nautical design. The ship’s efficient electrical propulsion system and custom stabilizers provide an exceptionally smooth, quiet, and comfortable voyage. Complimentary alcoholic and nonalcoholic beverages and internet access are available throughout the cruise. All meals aboard ship are included.

Elegant Suites and Staterooms—95% Include Private Balconies
Each of the 110 five-star staterooms and suites (up to 484 square feet) features an ocean view and most have a private balcony. All accommodations feature individual climate control, two twin beds or one queen bed, a private bathroom with shower, and luxury hotel-style hotel amenities, including a flat-screen television, a safe, a full-length closet, plush robes, and slippers.

### Category LAND/Cruise Rates including taxes and gratuities

<table>
<thead>
<tr>
<th>Category</th>
<th>Rates per person, double occupancy</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>Superior stateroom, large window and bathroom with shower. Deck 3, forward (limited availability)</td>
</tr>
<tr>
<td>4</td>
<td>Deluxe stateroom, single door to partial-wall balcony. Deck 3, midship.</td>
</tr>
<tr>
<td>3</td>
<td>Prestige stateroom, expansive sliding glass door, <strong>private balcony</strong>, shower or tub/shower. Deck 4, forward and midship.</td>
</tr>
<tr>
<td>2</td>
<td>Prestige stateroom, sliding glass door, some have partial-wall balconies, <strong>private balcony</strong>, shower or tub/shower. Deck 5, forward.</td>
</tr>
<tr>
<td>1</td>
<td>Prestige stateroom, sliding glass door, <strong>private balcony</strong>, shower or tub/shower. Deck 6, midship.</td>
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</tbody>
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**Deluxe Suite**
Expansive sliding glass door, **large private partial-wall balcony**, tub/shower, sitting area with sofa. Deck 6, midship. (limited availability)
$12,950

**Prestige Suite II**
Two rooms, expansive sliding glass door, **large private balcony**, two bathrooms: tub/shower and shower, large sitting area with sofa, two closets. Deck 5, midship. (limited availability)
$13,550

**Prestige Suite I**
Two rooms, expansive sliding glass door, **large private balcony**, two bathrooms: tub/shower and shower, large sitting area with sofa, two closets. Deck 6, midship. (limited availability)
$14,550

**Owner’s Suite**
One bedroom, sitting room with sofa, table and four chairs, expansive sliding glass doors, **large private balcony**, one and a half bathrooms, separate tub and shower. Deck 6, midship. (limited availability)
$16,550

Single supplements apply across all categories at 160% of the per person double price.

**Le Soléal** has been specially contracted for this program and the deck plan is available online or upon request from Gohagan & Company.
**Pre-Program Option**

**Iconic Tokyo**  
**April 15 to 19, 2023**

Explore Tokyo on a comprehensive three-night itinerary that includes a full-day excursion to Hakone, home to majestic Mount Fuji, and a journey aboard the high-speed Shinkansen, or bullet train, to Kyoto. Pass through the Kaminari Gate to visit the Senso-ji Temple, originally built in the seventh century. Accommodations are at the five-star ANA INTERCONTINENTAL HOTEL TOKYO.

*Price per person, based on double occupancy:* $1,695  
*Price per person, based on single occupancy:* $2,295

**Post-Program Option**

**Osaka and Nara**  
**April 29 to May 1, 2023**

Extend your time in Osaka on a two-night itinerary that includes a visit to the Osaka History Museum, showcasing Osaka's interesting culture of a merchant city. Enjoy an excursion to the tranquil city of Nara, Japan's oldest capital. Visit the iconic Horyu-ji Temple, where a seventh-century, five-story pagoda stands as a testament to Japan's history, and Todaiji, the “Great Eastern Temple,” one of Japan's most famous and historically significant temples. Accommodations are for two nights in the five-star INTERCONTINENTAL HOTEL OSAKA.

*Price per person, based on double occupancy:* $1,145  
*Price per person, based on single occupancy:* $1,545

Further details will be provided with your reservation confirmation.
Reservation Form

Please make my/our reservation(s):

Category: 1st Choice _______ 2nd Choice _______
- Double (two twin beds).
- Double (one queen bed).
- Single accommodations.
- Single but prefer to share and will allow you to select my roommate (shares cannot be guaranteed).

Iconic Tokyo Pre-Program Option
April 15 to 19, 2023
- Double $1,695 per person.
- Single $2,295 per person.
- I am reserving as a single but prefer to share accommodations.

Osaka and Nara Post-Program Option
April 29 to May 1, 2023
- Double $1,145 per person.
- Single $1,545 per person.
- I am reserving as a single but prefer to share accommodations.
- I/We want you to book my/our air from:
  __________________________________________________________

I/We will make my/our own air arrangements.

Title          Full Name                         Princeton Affiliation
______________________________________________________  __________________
Title          Full Name                         Princeton Affiliation
__________________________________________________________________________________________________
Street Mailing Address (no P.O. Box number please)
______________________________________________________  __________________  ______________-___________
City                                                                                        State       ZIP Code
_________________________________________________  ________________________________________________
Home Telephone                                                           Cell Phone
_________________________________________________  ________________________________________________
Email Address                                                                 Business Telephone
Program reservations require a deposit of $1,000 per person.
- Enclosed is my/our check(s) for $__________.
  Make check(s) payable to Princeton Journeys.
- I/We authorize you to charge a deposit of $_________ to:
  □ American Express  □ Discover  □ MasterCard  □ Visa
- I/We request that you contact me/us via telephone or email for payment by ACH.

Card Number           Exp. Date
_____________________________________________________________________________________________
Signature as it appears on credit card
- I have read and agree to the program Terms and Conditions
  found at https://alumni.princeton.edu/journeys/ancient-traditions-japans-inland-sea

First participant’s signature         Date
_________________________________________________________________________   _______________________
Second participant’s signature         Date

FINAL PAYMENT due January 13, 2023; make by check, ACH or credit card. Reservations made after January 13, 2023, require payment in full at time of booking. No cancellation fees until 95 days prior to April 18, 2023!
BOOK WITH CONFIDENCE!
No cancellation fees for new bookings.*
Call 609.258.8686 or email journeys@princeton.edu