

PRINCETON JOURNEYS

Columbia and Snake Rivers: Food, Wine and History

Aboard *National Geographic Sea Bird*

October 3-10, 2026



Columbia and Snake Rivers: Food, Wine and History



Expedition Highlights

 NATIONAL
GEOGRAPHIC |  LINDBLAD
EXPEDITIONS
FOOD&WINE

- ✓ Explore the history, geology and cuisine of the Pacific Northwest.
- ✓ Follow the path of Lewis and Clark's expedition and hear tales of their exploits from a historian.
- ✓ Enjoy locally sourced, gourmet meals, as well as nightly wine tastings curated by *Food & Wine* magazine's Executive Wine Editor, Ray Isle.
- ✓ Venture out in Zodiacs and kayaks, and take an exhilarating jet boat ride through spectacular Hells Canyon.
- ✓ Gain exclusive access including a private reception at the Columbia Gorge Museum, as well as private tours and tastings with local winemakers.
- ✓ Travel through eight locks that lift or lower you some 700 feet in all.

Itinerary

DAY 1

PORTLAND, OREGON/ EMBARK

Arrive in the early afternoon in Portland, located on the Columbia and Willamette Rivers in the shadow of snow-capped Mount Hood. Embark in early evening and discover why Portland is nicknamed “Bridgetown” as you sail under eight of the city’s 12 eclectic bridges along the Willamette River, the first of five rivers you will encounter on this voyage. (D)



DAY 2

ASTORIA

You begin your journey by navigating the Columbia to the mouth of the river at Astoria. At Cape Disappointment, take in the dramatic scenery where Meriwether Lewis saw the Pacific for the first time in 1805 and visit the Lewis and Clark Interpretive Center to learn more. In the afternoon, choose to learn about this estuary’s navigational hazards and history of shipwrecks at the maritime museum, take a shuttle to the Astoria Column or explore the seaside town on your own. Back onboard, enjoy local beer provided by Buoy Beer Company. (B,L,D)

DAY 3

CRUISING/HOOD RIVER

Immerse yourself in natural and man-made marvels as you explore the scenic Columbia and pass through Bonneville Lock and Dam. Take a steaming cup of coffee to the bow where the naturalists offer honest perspectives on the controversial history of dams along the river. In the afternoon, make a stop at neck-craning Multnomah Falls before an optional hike of iconic Beacon Rock, a basalt column towering 848 feet above the Columbia River. Later, enjoy a private event with Syncline Winery at the Columbia Gorge Interpretive Center. Sample local beer or wine as you take in exhibits capturing 15,000 years of cultural history. (B,L,D)

DAY 4

CRUISING THE GORGE

Today spend the day cruising through some of the most scenic and geologically interesting stretches of the Columbia River and the Columbia Plateau. A geology expert provides fascinating insight on the glacial floods that sculpted the landscape 13,000 years ago, as the food and wine expert illustrates the expression of such unique terrain through its tastes and tannins. Relive the historic tales of the Corps of Discovery through the eyes of a history expert as you sail by important landmarks. Or unwind with a massage in preparation for an exciting day ahead. (B,L,D)



DAY 5

WALLA WALLA, WASHINGTON

Drive through some of the most fertile agricultural areas in the nation, with bright, rolling green and purple fields of sprouting wheat, asparagus and famous Walla Walla sweet onions. Visit the Whitman Mission, a standout National Historic Site where friction between Native Americans and white missionaries erupted into an event that reverberates in our culture today. After lunch at Seven Hills Winery, explore charming downtown Walla Walla at your leisure, taking in the art at local galleries, sampling sweets at the country's #1 candy store or popping into cozy tasting rooms. (B,L,D)

DAY 6

PALOUSE RIVER

The still water of the Palouse River is the perfect mirror for the surrounding basalt cliffs as you set off on Zodiac and kayak adventures. Visit Palouse Falls, where waters plunge 200 feet into a churning pool. These falls and the surrounding canyon with its towering cliffs, cavernous holes in the earth, and winding water routes are part of geologically unique channeled scablands created by ancient floods. Afterwards, sail up the Snake River, enjoying a taste of local specialties. (B,L,D)

DAY 7

CLARKSTON

Today finds guests at the confluence of the Snake and Clearwater rivers, more than 450 miles from the sea. Travel by comfortable jet boat into spectacular, 125-mile Hells Canyon, North America's deepest river gorge, mostly inaccessible by road. Observe remnants of the Nez Perce tribe, including ancestral horsetrails along the hillsides and petroglyphs on rock formations, while keeping an eye out for stately and nimble Rocky Mountain bighorn sheep. In the evening you are joined by a Nez Perce storyteller, and a local winemaker hosts the final tasting as guests toast an unforgettable journey before a special final dinner. (B,L,D)

DAY 8

CLARKSTON/DISEMBARK

After breakfast, transfer to the airport for connecting flights home. Choose to fly from nearby Lewiston, Idaho, or travel through the picturesque landscapes of the Palouse to Spokane, Washington, two hours away. (B)



National Geographic Sea Bird

CAPACITY: 31 outside cabins accommodating 62 guests.

REGISTRY: United States.

OVERALL LENGTH: 152 feet.

PUBLIC AREAS: The ship features a library; global market; lounge with full-service bar and facilities for films, slide shows and presentations; observation deck; partially covered sundeck with chairs and tables. The open Bridge provides guests an opportunity to meet the officers and captain and learn about navigation.

MEALS: Served in single seatings with unassigned tables for an informal atmosphere. Menu emphasizes local fare. Cuisine is fresh, sustainable and accented with regional flair.

CABINS: All cabins face outside with windows, private bathroom and climate controls. Cabins are equipped with Wi-Fi and multiple electrical and USB outlets. Botanically inspired shampoo, conditioner, shower gel and lotion are all available in cabin bathrooms, as well as an Expedition Essentials Kit. Hair dryers, complimentary insulated water bottles and an atlas are available in each cabin.

EXPEDITION EQUIPMENT: Zodiacs, kayaks, stand-up paddleboards, fat-tire bikes, bow camera and video microscope.

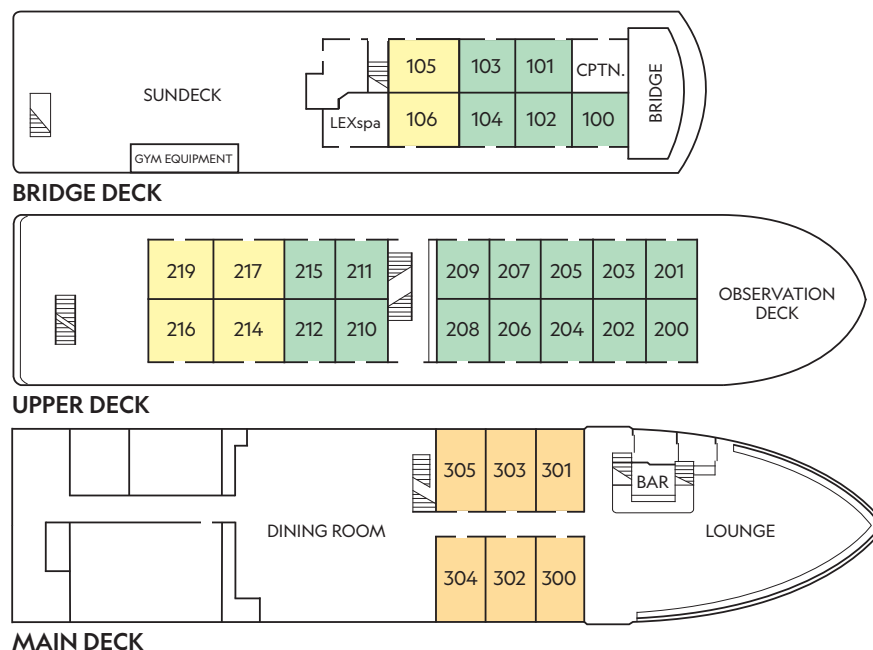
SPECIAL FEATURES: Guest Wi-Fi access. A National Geographic certified photo instructor and ship's medical professional are on board.

WELLNESS: The ship is staffed by a wellness specialist and features exercise equipment, LEXspa and outdoor stretching area.

PIONEERING RESPONSIBLE EXPLORATION: From our consistent quest to improve our practices to offsetting 100% of our carbon emissions, supporting conservation, science and education initiatives around the planet, and investing in the communities conservation, science and education initiatives in the places we explore, we are guided by our commitment to explore responsibly.



National Geographic Sea Bird



CATEGORY 1

Main Deck #300-305
Conveniently positioned between the dining room and lounge, these cabins feature two single beds and a large view window.

CATEGORY 2

Bridge Deck #100-104;
Upper Deck #200-212, 215
These well-located cabins include two single beds and a window.

CATEGORY 3

Bridge Deck #105, 106;
Upper Deck #214, 216, 217, 219
These cabins feature a seating unit with table and two large view windows. Upper Deck cabins include two lower single beds that can convert to a double bed and a pull-out single bed for a third person; Bridge Deck cabins include two single beds only.

Note: Solo occupancy cabins are available in Categories 1 and 2 only. Third person rates are available in certain categories at one half the double occupancy rate.

SHARED ACCOMMODATIONS: Shared cabins with a friend, or a roommate assigned by tour operator, can be arranged at the double occupancy rate in Categories 1 and 2 only.

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VOYAGE DATES	CAT. 1	CAT. 2	CAT. 3	CAT. 1 SOLO	CAT. 2 SOLO
October 3-10, 2026	\$6,233	\$7,820	\$9,015	\$9,353	\$11,734

ADVANCE PAYMENT: 15% of the cabin fare, per person

Terms and Conditions

PRICING: Prices quoted in this flyer are per person based on double occupancy in USD. Under normal conditions the total expedition price is guaranteed at the time advanced payment is made. However, our expedition pricing is determined far in advance of initial departure on the basis of then-existing projections of fuel and other costs. In the event of increases in those costs, including but not limited to increases in the price of fuel, currency fluctuations, increases in government taxes or levies, or increased security costs, we reserve the right to adjust the price of your expedition or add a surcharge to cover such unexpected increases. We will always provide an explanation of the reason for increase in costs.

COST INCLUDES: Accommodations aboard ship; all meals, beer, wine, cocktails and spirits aboard ship, with premium wines and liquors available for purchase; all shore excursions, sightseeing, special access permits and entrance fees; transfers to/from airport; taxes, service charges and gratuities to local guides; services of Lindblad Expeditions' expedition team, a medical professional and local guides; presentations by our expedition staff; complimentary reusable water bottle; morning stretch classes and access to fitness equipment; a comprehensive library; access to the OM System Photo Gear Locker with the latest gear to try out on loan; and basic Wi-Fi. Unused services or items included in this program are non-refundable.

NOT INCLUDED: Airfare; meals not indicated; extensions; REAL ID, passport, visa, and immigration fees (if necessary); travel protection plan; crew gratuities; items of a personal nature such as certain premium brands of alcohol, enhanced and premium Wi-Fi plans, spa treatments and laundry.

AIRFARE: Airfare is an additional cost. Lindblad Expeditions will gladly assist in making your air arrangements for a \$50 per person service fee.

RESERVATIONS: To confirm your place, an advance payment of 15% of the cabin fare, per person is required and is payable by Visa, MasterCard, American Express, Discover or check. Receipt of advance payment indicates your acceptance of the terms and conditions.

FINAL PAYMENT: Payment is due 120 days prior to departure. Lindblad Expeditions reserves the right to cancel your

reservation if payment has not been received by final payment due date.

TRAVEL PROTECTION PLAN: Travel and medical insurance are available at an additional cost. Information will be sent to you upon registration.

ITINERARY MODIFICATIONS: Itineraries, routing and speakers listed are correct at time of publication, and are subject to change.

ENTRY AND VISA REQUIREMENTS: Guests are advised to verify travel documents (passport/transit visa/entry visa) for the country(s) through which they are transiting and/or entering. Reliable and most current information regarding international travel can be found by contacting the consulate/embassy of the country(s) you are visiting or transiting through. We will not be responsible if you are denied entry or transit into a country, if you are unable to provide valid documents as per the country's requirement.

RESPONSIBILITY AND OTHER TERMS & CONDITIONS: Certain other provisions concerning, among other things, limitations of Lindblad Expeditions' and National Geographic Expeditions' (a division of National Geographic Partners, LLC) liability for loss of property, injury, illness or death during the voyage will be provided to all guests on the ship's ticket sent prior to departure or upon request. By registering for a trip, the guest agrees to all such terms and conditions.

CANCELLATION FEE POLICY (PER PERSON)

120 or more days prior to expedition start: **No penalty:** Advance Payment will be credited toward your next expedition**

119-90 days prior to expedition start: **50% of trip cost*****

89-0 days prior to expedition start: **100% of trip cost*****

***Advance payments will be credited in the form of a Lindblad Expeditions Travel Certificate, valid for 12 months from the date of cancellation, and which may only be applied towards final payment on any future booking.*

****Trip cost is total price paid including extensions, charter airfare and other additional services.*

We strongly recommend that you purchase a travel protection plan.

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RESERVATION FORM

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PRINCETON
JOURNEYS

To register, please contact:

Princeton Journeys

P.O. Box 5256

Princeton, NJ 08543

Phone: 609-258-8686

Email: journeys@princeton.edu

PASSENGER INFORMATION

Please reserve _____ place(s).

Guest 1: _____
(As it appears on passport)

Date of Birth: _____ Princeton Affiliation: _____

Email: _____

Primary Phone: _____ Cell Phone: _____

Guest 2: _____
(As it appears on passport)

Date of Birth: _____ Princeton Affiliation: _____

Email: _____

Primary Phone: _____ Cell Phone: _____

Street Address: _____

City: _____ State: _____ ZIP: _____

Accommodations: ☐ Double ☐ Single ☐ Twin share with a friend

☐ Share with roommate assigned by tour operator.

Please indicate choice of cabin category in order of preference:

1st choice: _____ 2nd choice: _____

Advance Payment Information: 15% of the cabin fare, per person.

☐ If paying by check, please make payable to: **Lindblad Expeditions**

Enclosed is my advance payment of \$ _____

☐ If paying by credit card, we will contact you to finalize your booking and collect payment information.

By submitting this registration form, I/we agree to National Geographic-Lindblad Expeditions' and Princeton Journeys' terms and conditions (PJ T&C available here: <https://alumni.princeton.edu/connect/princeton-journeys/terms-and-conditions>).