

**Owen D. Garrick '90**

Oakland, CA

*At-Large Alumni Trustee Candidate*

Owen Garrick absorbed many key lessons at Princeton. “The biggest thing was engaging with individuals from diverse perspectives,” he said. Between his work-study job at the International Center and the daily opportunities to speak to classmates with different political, social and religious philosophies in the dining hall, Garrick reveled in the conversations: “The beauty of engaging with so many folks was that it really sharpened my own ideas and broadened my perspectives.”

Garrick arrived at Princeton knowing he wanted to become a doctor. But his future shifted the day he responded to a work-study opportunity in the Princeton psychology department. “I met with professor John Darley, who’s on the Mount Rushmore of social psychologists, and the rest is history,” Garrick said. “I fell in love with the science and the statistics, and I became interested in pursuing a career that combined research, clinical practice and leadership to accelerate the development and delivery of life-saving therapies.”

After he graduated from Princeton with a degree in psychology, Garrick went to Yale School of Medicine. An internship after his first year of med school in Merck’s vaccine division introduced him to the business side of healthcare and prompted him to create, in essence, his own joint program. While still at Yale, he enrolled at the Wharton School of the University of Pennsylvania; he received both his M.D. and MBA in 1998.

Garrick began his career with Goldman Sachs, focusing on public healthcare companies, before moving to Novartis as global head of Mergers and Acquisition Negotiations for the Pharma Business. In 2006, he joined Bridge Clinical Research, serving first as CFO and then as CEO over a 15-year tenure. During this time, he supported the development of therapies across oncology, immunology, chronic disease and neurodegenerative conditions, while advancing equitable access to clinical trials and life-saving treatments. In 2022, he was named chief medical officer for Clinical Trial Services at CVS Health, where he directed the scientific, clinical and patient safety functions across CVS's rapidly expanding clinical research platform. Garrick was most recently dean of clinical trials at Mayo Clinic, directing strategic vision and operational excellence for a research portfolio comprising more than 2,500 trials across five U.S. states. During his time with Mayo Clinic, he focused on using large-scale data to identify early signals of disease and design interventions that can transform outcomes and even pre-cure patients, including initiatives in women's health aimed at addressing maternal mortality and triple negative breast cancer.

Garrick has lent his time and expertise to several boards and committees, including serving as board president of the American Medical Association Foundation, board member for Sutter Health, board vice-chair of Samuel Merritt University and board member for the New York Blood Center for nearly three decades. "My philosophy is there's so much that this world has to offer so I fully take advantage of opportunities to engage with as many people as possible," he said.

As a Princeton alumnus, Garrick has been a dedicated Annual Giving volunteer, interviewed prospective students for Alumni Schools Committee and chaired the Committee to Nominate Alumni Trustees. But his favorite service activity, he said, is serving as a P-rade marshal each Reunions for the last two decades. “Seeing the history of Princeton literally march past in front of your eyes, seeing the acceptance and growth of women and people of color,” Garrick said. “Princeton truly is a family to me, and the P-rade reflects that. There are all sorts of political, religious, economic stripes, and it’s just a great reflection of the breadth and the depth and the joy that is our University.”